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PREPARATION FOR THE TOTAL CONSECRATION

ACCORDING TO

SAINT LOUIS MARY

Grignion de Montfort

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INTRODUCTION

Saint Louis Marie Grignion de Montfort's formula for total consecration to Jesus through Mary should not be taken lightly. This is proven by the fact that the same saint advocates a serious preparation, consisting of twelve preliminary days, for the soul to try to empty itself of the spirit of the world, which is the complete opposite of the spirit of Jesus Christ. These will be followed by three weeks of prayer and meditation, during which the soul will seek a better knowledge of itself (first week), of Mary (second week), and of Jesus Christ (third week).

Although this preliminary period is highly recommended, it is obvious that the time spent on such preparation may vary according to personal needs and circumstances. For the benefit of those who wish to make the complete preparation recommended by the saint, the Montfortian Fathers of the United States of America have, for the first time, compiled in a single book the prayers and meditations that provide adequate preparation for the total consecration to Jesus through Mary. A chart of the six suggested dates for the consecration is also included to facilitate keeping track of the days of preparation.

We hope that this book, in addition to facilitating the work of preparing for consecration, will also encourage many others to undertake this precious path of spiritual life: to Jesus through Mary.

The editors.

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Proposal for Consecration

EJERCICIOS DIARIOS

PROPUESTA DE SEIS PROGRAMAS PARA LA CONSAGRACIÓN

	I	II	III	IV	V	VI
Primera parte (12 días)	***Vaciado del espíritu del mundo***					
Día 1º:	31 dic.	20 feb.	26 mar.	28 abr.	13 jul.	5 nov.
Día 2º:	1 ene.	21 feb.	27 mar.	29 abr.	14 jul.	6 nov.
Día 3º:	2 ene.	22 feb.	28 mar.	30 abr.	15 jul.	7 nov.
Día 4º:	3 ene.	23 feb.	29 mar.	1 may.	16 jul.	8 nov.
Día 5º:	4 ene.	24 feb.	30 mar.	2 may.	17 jul.	9 nov.
Día 6º:	5 ene.	25 feb.	31 mar.	3 may.	18 jul.	10 nov.
Día 7º:	6 ene.	26 feb.	1 abr.	4 may.	19 jul.	11 nov.
Día 8º:	7 ene.	27 feb.	2 abr.	5 may.	20 jul.	12 nov.
Día 9º:	8 ene.	28 feb.	3 abr.	6 may.	21 jul.	13 nov.
Día 10º:	9 ene.	1 mar.	4 abr.	7 may.	22 jul.	14 nov.
Día 11º:	10 ene.	2 mar.	5 abr.	8 may.	23 jul.	15 nov.
Día 12º:	11 ene.	3 mar.	6 abr.	9 may.	24 jul.	16 nov.
Segunda parte (primera semana)	***Conocimiento de sí mismo***					
Día 13º:	12 ene.	4 mar.	7 abr.	10 may.	25 jul.	17 nov.
Día 14º:	13 ene.	5 mar.	8 abr.	11 may.	26 jul.	18 nov.
Día 15º:	14 ene.	6 mar.	9 abr.	12 may.	27 jul.	19 nov.
Día 16º:	15 ene.	7 mar.	10 abr.	13 may.	28 jul.	20 nov.
Día 17º:	16 ene.	8 mar.	11 abr.	14 may.	29 jul.	21 nov.
Día 18º:	17 ene.	9 mar.	12 abr.	15 may.	30 jul.	22 nov.
Día 19º:	18 ene.	10 mar.	13 abr.	16 may.	31 jul.	23 nov.
Tercera parte (segunda semana)	***Conocimiento de María***					
Día 20º:	19 ene.	11 mar.	14 abr.	17 may.	1 ago.	24 nov.
Día 21º:	20 ene.	12 mar.	15 abr.	18 may.	2 ago.	25 nov.
Día 22º:	21 ene.	13 mar.	16 abr.	19 may.	3 ago.	26 nov.
Día 23º:	22 ene.	14 mar.	17 abr.	20 may.	4 ago.	27 nov.
Día 24º:	23 ene.	15 mar.	18 abr.	21 may.	5 ago.	28 nov.
Día 25º:	24 ene.	16 mar.	19 abr.	22 may.	6 ago.	29 nov.
Día 26º.	25 ene.	17 mar.	20 abr.	23 may.	7 ago.	30 nov.
Cuarta parte (tercera semana)	***Conocimiento de Jesucristo***					
Día 27º:	26 ene.	18 mar.	21 abr.	24 may.	8 ago.	1 dic..
Día 28º:	27 ene.	19 mar.	22 abr.	25 may.	9 ago.	2 dic..
Día 29º:	28 ene.	20 mar.	23 abr.	26 may.	10 ago.	3 dic..
Día 30º:	29 ene.	21 mar.	24 abr.	27 may.	11 ago.	4 dic..
Día 31º:	30 ene.	22 mar.	25 abr.	28 may.	12 ago.	5 dic..
Día 32º:	31 ene.	23 mar.	26 abr.	29 may.	13 ago.	6 dic..
Día 33º:	1 feb.	24 mar.	27 abr.	30 may.	14 ago.	7 dic..
Consagración Día	2 feb.	25 mar.	28 abr.	31 may.	15 ago.	8 dic..

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Part One

TWELVE PRELIMINARY DAYS

EMPTYING OF THE SPIRIT OF THE WORLD

Examine your conscience, pray, and practice renunciation of your own will; mortification and purity of heart. This purity is the indispensable condition for contemplating God in heaven, seeing him on earth, and knowing him in the light of faith.

The first part of preparation should be spent emptying oneself of the spirit of the world, which is contrary to the spirit of Jesus Christ. The spirit of the world consists, in essence, in the denial of God's supreme dominion, a denial that manifests itself in the practice of sin and disobedience; therefore, it is completely opposed to the spirit of Jesus Christ, which is also the spirit of Mary.

This is manifested by the lust of the flesh, the lust of the eyes, and pride as a rule of life, as well as by disobedience to God's laws and the abuse of created things. His works are sin in all its forms; consequently, everything by which the devil leads us to sin; works that lead to error and darkness of the mind, and seduction and corruption of the will. His pomp is the splendor and trickery employed by the devil to make sin delightful in people, places, and things.

PRAYERS TO BE PRAYED DURING THE TWELVE PRELIMINARY DAYS

Come, Creator Spiritus

Come, Creator Spirit, visit
the minds of your servants,
Fill with grace from above the
breasts that You created.

You, who are called the Paraclete,
gift of the Almighty God,
living source, fire, love, and
spiritual anointing.

You seven-form in the gift,
finger of the paternal right
hand, You, authentic promise of the
Father, who enriches tongues with words.

Light a fire in the senses,
instills love in hearts,
corroborating with constant vigor
the fragility of our body.

Repel the enemy further and further,
Grant peace quickly, so that You
may go before as a guide,
let us avoid all evil.

Make us know the Father through you.
and we may also know the Son
and through you, Spirit of both,
we create at all times.

To God the Father be glory
and to the Son who rose from the dead,
and to the
Paraclete forever and ever. Amen.

Ave Maris Stella

Hail, Star of the Sea,
Mother, who gave birth to God ,
remaining perpetually Virgin,
happy gate of heaven.

Well, you received that Ave
From the lips of Gabriel,
ground us in peace,
exchanging the name of Eve.

Release the prisoners from prison,
gives light to the blind,
Drive away our evils,
collect all our goods.

Show that you are a Mother,
receive our prayers through your mediation
He who was born for us,
deigned *to be yours.*

Singular Virgin,
Gentle over all, make
them free from guilt,
let us be gentle and chaste.

Give us a pure life,
prepare a safe path,
so that, seeing Jesus,
may we rejoice eternally.

Glory be to God the Father,
Praise to Christ Almighty
and to the Holy Spirit:
to the three of you one honor. Amen.

Magnificat

My soul magnifies the Lord; my spirit rejoices *in*
God my Savior.
because he has looked upon the lowliness of his servant.

From now on all generations will congratulate me ,
For the Mighty One has done great things
for me, and holy is his name .

And his mercy reaches his *faithful*
from generation to generation
on those who fear him.

He does feats with his arm:
scatters the *proud in heart,*
overthrows the powerful from their *thrones*
and exalts the *humble;*
He *fills the hungry with good things*
He already sends the rich away empty-handed.

He welcomed his *servant Israel,*
remembering his mercy, as he
promised to *our fathers, toward Abraham*

and his descendants forever.

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Glory to the Father, and to the Son, and to the Holy Spirit.
As it was in the beginning, is now, and will be for ever.
forever and ever. Amen.

* * *

DAY 1.

Seeing the crowds, he went up on a mountain; and when he had sat down, the disciples came to him. And he opened his mouth and taught them, saying,

Blessed are the poor in spirit,
for theirs is the kingdom of heaven.

Blessed are the meek,
because they will possess the land.

Blessed are those who mourn,
for they will be comforted.

Blessed are those who hunger
and thirst for
justice, because they will be filled.

Blessed are the merciful,
for they will obtain mercy.

Blessed are the pure in heart,
because they will see God.

Blessed are the peaceful,
for they will be called children of God.

Blessed are those who suffer persecution
for
righteousness, for the kingdom of heaven is his.

Blessed are you when people insult you, persecute you , and falsely utter all kinds of evil against you because of me. Rejoice and be glad, for your reward in heaven is great, for so they persecuted the prophets who were before you.

You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything except to be thrown away and trampled underfoot.

You are the light of the world. A city set on a hill cannot be hidden, nor can a lamp be lit and put under a bushel basket, but on a lampstand, so that it gives light to all in the house. In the same way, your light must shine before others, so that when they see your good works, they may glorify your Father in heaven.

Do not think that I have come to abolish the Law or the Prophets; I have not come to abolish them, but to fulfill them. For truly I tell you, heaven and earth will soon pass away, until one jot or one tittle of a letter fails from the Law until all is fulfilled. Therefore, if anyone neglects one of the least of these commandments and teaches others so, he will be considered least in the kingdom of heaven. But he who does and teaches, he will be considered great in the kingdom of heaven. (Matthew 5:1-19)

For prayers, see page 2.

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DAY 2.

Be therefore perfect, as your heavenly Father is perfect.

Be careful not to practice your righteousness before men to be seen by them; otherwise you will have no reward with your Father who is in heaven.

Therefore, when you give to the needy, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, to obtain praise from men. Truly, I say to you, they have received their reward in full.
sa.

When you give to the needy, do not let your left hand know what your right hand is doing, so that your giving may be in secret, and the Father who sees what is in secret will reward you.

And when you pray, do not be like the hypocrites. They love to pray standing in the synagogues and in the corners of the streets to be seen by men. Truly, I say to you, they have received their reward. When you pray, go into your closet, and with your door shut, pray to your Father who is in secret. And your Father who sees what is done in secret will reward you. And when you pray, do not be like the Gentiles, who think they will be heard because of their many words. Therefore do not be like them, for your Father knows what you need before you ask him. In the same way, you shall pray: Our Father in heaven, hallowed be your name. Your kingdom come, your will be done on earth as it is in heaven. Give us this day our daily bread; forgive us our trespasses, as we forgive those who trespass against us. Lead us not into temptation, but deliver us from evil.

For if you forgive others their sins, your heavenly Father will also forgive you.
But if you do not forgive men, neither will your Father forgive your sins. (St. Matthew, chapters 5, 48; 6, 1-
15)

For prayers, see page 2.

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DAY 3.

Do not judge, and you will not be judged. For with the same judgment you judge, you will be judged, and with the measure you use, it will be measured to you. How can you see the speck in your brother's eye, but not the log in your own eye? Or how dare you say to your brother, 'Let me remove the speck from your eye,' when you yourself have a log in your own eye? You hypocrite! First remove the log from your own eye, and then you will see to it that you remove the speck from your brother's eye. Do not give what is holy to dogs, and do not throw your pearls before swine, or they will trample them underfoot and tear you to

Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. For he who asks receives, he who seeks finds, and to him who knocks, it will be opened. For which of you, if his son asks for bread, will give him a stone, or if he asks for a fish, will give him a snake? If you, being

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evil, you know how to give good gifts to your children, how much more will your Father who is in heaven give good things to those who ask him!

Therefore, whatever you wish that men would do to you, do to them, for this is the Law and the Prophets.

Enter through the narrow gate. For wide is the gate and broad is the way that leads to destruction, and many enter through it. How narrow is the gate and how difficult the way that leads to life, and how few find it! (Matthew 7:1-14)

For prayers, see page 2.

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DAY 4.

THAT NO GOOD THE MAN HAS HIS OWN NOTHING TO BOAST ABOUT

Lord, what is man that you are mindful of him, or the son of man that you visit him?

What has man deserved that you should give him your grace?

Lord, what can I complain about if you forsake me?
Or how can I contend with you, unless you do what I ask?

Indeed, one thing I can truly think and say: *I am nothing, Lord, I can do nothing, I have nothing good in me; but in everything* I find myself *empty, and I am always moving toward nothing.*

And if I am not helped and instructed internally by You, I become entirely lukewarm and dissipated.

But You, Lord, are always the same, and remain forever, always good, just, and holy, doing all things well, justly, and holy, and ordering them with wisdom. But I, being more prone to fall than to prosper, do not always remain in one state, and I change seven times a day.

But then it is better for me when you deign to extend your helping hand to me; for you alone, without human favor, can help and strengthen me, so that my countenance may no longer change, but rather my heart may turn to you alone and rest in you.

He who desires to be very secure in times of peace will find himself dejected and fearful in times of war. If you knew how to always remain humble and small to yourself, and to dwell and govern your spirit well, you would not fall so quickly into danger or sin.

It's good advice to think, when you're fervent in spirit, about what can happen in the absence of light. *(The Imitation of Christ,* Book III, chapters 40 and 7)

For prayers, see page 2.

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DAY 5.

Therefore, if I knew how to reject all human consolation, whether for the sake of devotion or because of the need I have to seek you, because there is no man to console me, then with good reason I could hope in your grace, and rejoice in the gift of new consolation.

Thanks be to You, from whom everything comes, whenever something good happens to me.

For before You I am vanity and nothing, a changeable and weak man.

Where then can I boast, or why do I desire to be esteemed?

Perhaps out of nothing? This is so futile.

Truly, frivolous glory is a true plague and a great vanity; for it separates us from true glory and deprives us of heavenly grace.

For when a man is content with himself, he discontents You; when he desires human praise, he is deprived of true virtues.

True glory and holy joy consists in glorying in You and not in oneself; rejoicing in Your name, and not in one's own virtue, nor delighting in any creature, but for You.

Let your name be praised, not mine; let your works be exalted, not mine; let your holy name be blessed, and let not any of the praise of men be attributed to me.

You are my glory. You are the joy of my heart.

In you I will boast and exalt myself always; yet on my part there is no need to be blamed except for my weaknesses. *(The Imitation of Christ,* Book III, Chapter 40)

For prayers, see page 2.

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DAY 6.

THE EXAMPLE OF THE HOLY FATHERS

Consider well the heroic examples of the Holy Fathers, in whom true perfection and religion shine, and you will see how little or almost nothing we do.

Woe to us! What is our life compared to his?

The saints and friends of Christ served the Lord in hunger, thirst, cold and nakedness, in labor and hardship, in vigils and fasting, in prayer and holy meditation, in persecutions and many reproaches.

Oh! How many and how many tribulations the apostles, martyrs, confessors, virgins, and all others who wanted to follow in the footsteps of Jesus Christ suffered!

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For in this life *they hated their lives so that they could to see their souls in the eternal.*

Oh! What a narrow and secluded life the Holy Fathers led in the wilderness! How long and grievous temptations they suffered! How often they were tormented by the enemy! How continual and fervent prayers they offered to God! How rigorous abstinences they observed! What great zeal and fervor they had in their spiritual progress! What fierce struggles they endured to overcome vices! What pure and upright intentions they had toward God!

During the day they worked, and at night they engaged in long prayer; and even while working, they did not cease from mental prayer.

They spent all their time well; the hours seemed too short to give themselves to God; and in the great sweetness of contemplation, they forgot the need for bodily maintenance.

They renounced all riches, honors, dignities, relatives, and friends; they wanted nothing of the world; they took only the necessities of life, and it was a burden to serve their bodies even in the necessary things.

So they were poor in temporal things, but rich in grace and virtues. *(Imitation of Christ,* Book I, Chapter 18)

For prayers, see page 2.

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DAY 7th.

Outwardly they were needy, but inwardly they were recreated by grace and divine consolation.

They were strangers to the world, but very close to God, whose relatives and friends they were.

They considered themselves nothing, and were despised by the world; but in the sight of God they were precious and beloved.

They lived in true humility; they lived in simple obedience; they walked in charity and patience, and so they grew in spirit every day and obtained much favor before God.

They were set as examples for all religious people and they should motivate us more to take advantage of the good, than the multitude of lukewarm people to slacken and weaken.
Oh! How great was the fervor of all the religious at the beginning of their sacred institutes!

How much devotion of prayer! How much zeal of virtue! How much discipline flourished! How much reverence and obedience to the superior there was in all the
things!

Even today, the signs that remain bear witness to this, that they were truly holy and perfect men who, fighting so valiantly,

they overcame the world.

Now he who is not a transgressor is highly esteemed, and if he can patiently endure what he has accepted of his own free will.

Oh, lukewarmness and negligence of our state, how quickly we decline from our first fervor, and how we find it annoying to live because of our laziness and lukewarmness!

May God grant that the development of virtues may not be dormant in you, for you have often seen so many examples of the devout! *(Imitation of Christ,* Book I, Chapter 18)

For prayers, see page 2.

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DAY 8th.

HOW TO *RESIST* TO *TEMPTATIONS*

As long as we live in the world we cannot be without tribulations and temptations.

Wherefore it is written in Job: *Temptation* is *life. of man on earth.*

Therefore, each person must be very careful about temptation and watch in prayer, so that the devil does not find a place to deceive him, for he never sleeps, but *seeks everywhere* someone *to devour.*

There is no one so holy or so perfect that he does not sometimes experience temptations, and we cannot live without them.

But temptations are often very useful to man, even if they are serious and burdensome; because in them one is humbled, purged, and taught.

All the saints went through many tribulations and temptations, and took advantage.

And those who did not want to suffer and bear them well were considered bad and fainted.

There is no order or religion so holy, nor place so se-
secret, where there are no temptations and adversities.

There is no man who is completely safe from temptations. while he lives; because the cause of where they come from is within us, since we were born with the inclination to sin.

After one temptation or tribulation, another comes, and we will always have to suffer, because the good of our first happiness has been lost.

Many want to flee from temptations, and fall into them more seriously.

They cannot be defeated simply by running away from them; with patience and true humility we become stronger than all enemies.

He who only removes what is visible and does not uproot it will benefit little; rather, temptations will return to him more quickly, and he will be worse off.

Little by little, with patience and good spirits, you will overcome (with divine favor) better than with your own efforts and fatigue.

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Take counsel often in temptation, and do not be harsh with the one who is tempted; rather, try to comfort him as you would have him comfort you.

The beginning of all temptation is inconstancy of mind and little trust in God.

For as a rudderless ship is tossed about by the waves, so the careless and lazy man is tempted in various ways. *(The Imitation of Christ,* Book I, Chapter 13)

For prayers, see page 2.

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DAY 9.

Fire tests iron, and temptation tests the righteous.

Many times we don't know what we can do; but temptation reveals what we are.

We must, therefore, be especially vigilant when temptation comes; for then the enemy is more easily defeated when we do not let him pass the door of the soul, and he resists the threshold as soon as he knocks.

Stopping evil at the beginning seeks to:
If it takes root *, it will heal late.*

For at first the soul is offered only simple thought; then, importunate imagination; then, delight and clumsy movement, and consent.

And so the evil enemy enters little by little, and takes over everything because we did not resist him at first.

And the longer one is lazy in resisting, the weaker he becomes each day, and the stronger the enemy against him.

Some suffer serious temptations at the beginning of their conversion, and others, at the end.

But others are bothered almost their entire lives.

Some are gently tempted, according to the wisdom and judgment of divine Providence, which measures the state and merits of men, and has everything arranged for the salvation of its chosen ones.

Therefore, we must not be distrustful when we are tempted, but rather pray more fervently to God to help us in every tribulation; who, without a doubt, according to St. Paul's saying, *will give us help along with the temptation, so that we may resist it.*

Let us therefore humble our souls under the hand of God in all tribulation and temptation, for he will save and exalt the humble in spirit.

In temptations and adversities, one sees how much one has profited, and in them lies one's greatest merit, and one best understands virtue. *(Imitation of Christ,* Book I, Chapter 13)

For prayers, see page 2.

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DAY 10.

In despising the world,
It is *a sweet thing to serve* God

I will speak again, O Lord, and I will not keep silent. I will say in the ears of my God, my Lord and my King, who is in heaven:

O Lord, how great is the abundance of your sweetness, which you have hidden from those who fear you! But what are you to those who love you, and what are you to those who serve you wholeheartedly?

Truly ineffable is the sweetness of your contemplation, which you give to those who love you.

In this you have singularly shown me your sweet charity, in that when I did not exist you created me, and when I wandered far from you, you converted me to serve you, and you commanded me to love you.

Oh fountain of everlasting love! What shall I say of You? How can I forget You, who deigned to remember me even after I was lost and perished?

You showed mercy to your servant beyond all hope, and above all merit you gave me your grace and friendship.

What will I return to you for this grace? For it is not granted to everyone that, having left everything, they renounce the world and choose a secluded life.

Is it a great thing that I serve you, when every creature is obliged to serve you?

It should not seem like much to me to serve you, but rather it seems great and wonderful that you deigned to receive as a servant one so poor and unworthy and to unite him with your beloved servants.

Yours, then, are all the things that I have and with which I serve you.

But, on the contrary, You serve me more than I serve You.

Heaven and earth, which You created for the service of man, are ready, and they do every day everything You have commanded them; and this is little, since You have even appointed the angels for the service of man.

But beyond all these things, You Yourself deigned to serve man, and You promised that You would give Yourself to him.

What shall I give you for so many thousands of benefits? Oh! If only I could serve you all the days of my life!

Oh! If only I could, even for a single day, do you some worthy service!

Truly You alone are worthy of all service, all honor, and eternal praise.

Truly You alone are my Lord, and I am a poor servant of Yours, who is obliged to serve You with all my strength, and I must never tire of praising You.

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This is what I want, this is what I desire; and what I lack, I pray that You supply it.

It is a great honor and a great glory to serve you, and to despise all things for you.

Indeed, great grace will be bestowed upon those who willingly submit to your most holy service.

Those who, for love of you, have scorned all carnal pleasures will find the sweetest consolation of the Holy Spirit. *(Imitation of Christ,* Book III, Chapter 10)

For prayers, see page 2.

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DAY 11.

Of the fervent amendment of our life

He was filled with anguish, struggling between fear and hope, and one day, burdened with sadness, he entered the church, and prostrated himself before the altar in prayer, and meditating in his heart on several things, he said: Oh! If only I knew that I would persevere! And then he heard within himself the divine answer: What would you do if you knew this? Do now what you would then do, and you will be safe.

And at that point, consoled and comforted, he offered himself to the divine will, and his anguished disturbance ceased.

And he did not want to search curiously to know what would happen to him, but he was very careful to know what the will of God was, and what was most pleasing and perfect in his divine eyes to begin and perfect every good work.

The prophet says: *Wait on the Lord, and do good, and dwell in the land, and you will feed on its riches.*

Many are deterred by the zeal of their exploitation, the terror of difficulty, or the work in the fight.

Certainly, those who most manfully use all their strength to overcome those that are most serious and contrary to them benefit most from virtues.

Because there man profits most and attains greater grace, where he conquers himself most and mortifies his spirit the most.

But not everyone has the same spirit to overcome and mortify themselves.

However, the diligent and zealous person who is concerned about his progress will be stronger for perfection, even if he has many passions, than the good-natured person who pays little attention to the virtues. *(Imitation of Christ,* Book I, Chapter 25)

For prayers, see page 2.

* * *

Day 12th.

But if you see anything worthy of rebuke, be careful not to do it; and if you have done it at some point, try to amend it immediately.

Just as you look at others, so others look at you. Oh! How joyful and sweet it is to see devout and fervent brothers with holy morals and observant discipline!

How sad and painful it is to see them walking around in disarray, and not doing what they are called to do by their vocation!

Oh! How harmful it is to be negligent in the purpose of your calling, and to occupy yourself with what you are not commanded to do!

Remember the profession you took, and propose the Crucified One as your model.

You may well be ashamed looking at the life of Jesus Christ, because you have not yet learned to conform more to Him, even though you have been on the path of God for many years.

The religious who exercises himself intensely and devoutly in the most holy life and passion of the Lord finds there everything useful and necessary, and completely for himself; and there is no need that seeks anything better outside of Jesus.

Oh! If the crucified Jesus were to come into our hearts, how quickly and fully we would be taught!

The fervent and diligent man is ready for anything.

It is greater work to resist vices and passions than to sweat in bodily labors.

He who does not avoid small defects, little by little falls into the big ones.

You will always be happy at night, if you spend it well. day.

Watch over you, awaken you, admonish you, and be Whatever the case may be, do not neglect yourself.

The stronger you become, the more you will benefit. Amen. *(Imitation of Christ,* Book I, Chapter 25)

For prayers, see page 2.

* * *

Second

1st Week

SELF-KNOWLEDGE

Prayers, examinations, reflections, acts of renunciation of our own will, of repentance for our sins, of self-contempt, all are done at the feet of Mary, for through her we await the light of self-knowledge. With her, we will be able to measure the depths of our miseries without despairing. We must employ all our pious actions in seeking self-knowledge and repentance for our sins: and we must do this in a spirit of piety. During this period, we will consider both the opposition that exists between the spirit of

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Jesus and ours, like the miserable and humiliating state to which sin has reduced us. Furthermore, true devotion is an easy, short, sure, and perfect way to attain that union with Our Lord, which is perfection in the imitation of Christ. We will resolutely enter this path, firmly convinced of our misery and incapacity. But how can we achieve this without self-knowledge?

PRAYERS TO BE PRAYED FROM THE DAY 13. TO THE 19TH. INCLUSIVE

LITANY OF THE HOLY SPIRIT

(For private devotion only)

Lord, have mercy. *Lord, have mercy.*
Christ, have mercy. *Christ, have mercy.*
Lord, have mercy. *Lord, have mercy.*

Christ, hear us. *Christ, hear us.*
Christ, hear us. *Christ, hear us.*

Heavenly Father God, *have mercy on us.*
God, Son, Redeemer of the world, *id.*
God, Holy Spirit, *id.*
Holy Trinity, one God, *id.*

Spirit who proceeds from the Father and the Son,
enlighten us and sanctify us.
Spirit of the Lord, who at the beginning
of creation planning
You made the waters fertile, Spirit *id.*
by whose inspiration
The prophets have spoken. *id.*
Spirit whose anointing teaches us
all things. *id.*
Spirit who bears witness to Christ. *id.*
Spirit of truth who instructs us
above all things.
Spirit coming upon Mary .
Spirit of the Lord that fills the whole world.
Spirit of God dwelling in us.
Spirit of wisdom and understanding.
Spirit of counsel and fortitude.
Spirit of science and piety. *id.*
Spirit of fear of the Lord. *Id.*
Spirit of grace and mercy. *Id.*
Spirit of strength, dilection and sobriety.
Spirit of faith, hope, love, and peace. *id.*
Spirit of humility and chastity.
Spirit of kindness and gentleness.
Spirit of manifold grace. *Id.*
Spirit who searches the secrets of God. *Go.*
Spirit who prays for us with groans
unspeakable. *id.*
Spirit that descended upon Christ
in the form of a dove. *id.*
Spirit in which we are reborn. *id.*
Spirit by which charity is spread
in our hearts. *id.*
Spirit of adoption of the children of God. *id.*
Spirit in tongues of fire
You appeared above the apostles. *id.*
Spirit with which the apostles went
filled. *enlighten us and sanctify us.*
Spirit who distributes your gifts
to *each as you wish.* *id.*

Be propitious to us, *forgive us, Lord.*
Be propitious to us, *Hear us, Lord.*

From all evil, *deliver us, Lord.*
From all sin. *id.*
Of temptations and *snares of the devil.* *id.*
Of presumption and despair. *id.*
Of resistance to the known truth Of obstinacy *id.*
and impenitence. *id.*
From the impurity of mind and body. *id.*
From the spirit of fornication. *id.*
From every evil spirit. *id.*

For your eternal procession of the Father and the Son.
For your descent upon Christ in the Jordan.
By your coming upon the disciples.
We beg you to hear us.
On the day of judgment, we sinners. *id.*
So that just as we live by the Spirit,
let us also work for Him. *id.*
So that remembering that we are a temple
of the Holy Spirit, let us not profane it. *id.*
So that living according to the Spirit,
let us not fulfill the desires of the flesh. *id.*
So that by the Spirit
let us mortify the works of the flesh. *id.*
So that we do not grieve You ,
Holy Spirit of God. *id.*
So that we may be diligent in keeping
the unity of the Spirit
in the bond of peace. *id.*
So that we do not believe every *spirit.* *id.*
So that we may test the *spirits*
if they are from God. *id.*
So that you may deign to renew in us
the spirit of righteousness. *id.*
So that you can confirm us
by your sovereign Spirit. *id.*

Lamb of God, who takes away
the sin of the world, *forgive us, Lord.*

Lamb of God, who takes away
the sin of the world, *Hear us, Lord.*

Lamb of God, who takes away
the sin of the world, *have mercy on us.*

Prayer:

Assist us, we pray, Lord, with the power of the Holy Spirit, which may mercifully purify our hearts and preserve us from all evil. We ask this through Jesus Christ Our Lord. Amen.

Litany of Our Lady

Lord, have mercy. *Lord, have mercy.*
Christ, have mercy. *Christ, have mercy.*
Lord, have mercy. *Lord, have mercy.*

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Christ, hear us. Christ, hear us.
Christ, hear us. Christ, hear us.

Heavenly Father God. Have mercy on us.
God the Son, Redeemer of the world. id.
God the Holy Spirit. id.
Holy Trinity one God. id.

Saint Mary. *Pray for us.*
Holy Mother of God. id.
Holy Virgin of virgins. id.
Mother of Christ. id.
Mother of the Church. id.
Mother of divine grace. id.
Most pure Mother. id.
Most chaste mother. id.
Inviolate mother. id.
Virgin mother. id.
Immaculate Mother. id.
Kind mother. id.
Admirable mother. id.
Mother of good advice. id.
Mother of the Creator. id.
Mother of the Savior. id.
Most prudent Virgin. id.
Virgin worthy of veneration. id.
Virgin worthy of praise. id.
Powerful Virgin. id.
Virgin Mary. id.
Faithful Virgin. id.
Slave of the Lord. id.
Mirror of justice. id.
Throne of wisdom. id.
Cause of our joy. id.
Spiritual vessel. id.
Honorable vessel. id.
Distinguished vessel of devotion. id.
Mystic rose. id.
Tower of David. id.
Ivory tower. id.
House of gold. id.
Ark of the covenant. id.
Gate of Heaven. id.
Morning Star. id.
Health of the sick. id.
Refuge of sinners. id.
Consoler of the afflicted. id.
Help of Christians. id.

Queen of the angels. id.
Queen of the patriarchs. id.
Queen of the prophets. id.
Queen of the apostles. id.
Queen of martyrs. id.
Queen of confessors. id.
Queen of the virgins. id.
Queen of all saints. id.
Queen conceived without original blemish. id.
Queen assumed into heaven. id.
Queen of the Most Holy Rosary. id.
Queen of the family. id.
Queen of peace. *Pray for us.*
Queen of love slaves id.

Lamb of God, who takes away
the sin of the world, *forgive us, Lord.*

Lamb of God, who takes away
the sin of the world, *Hear us, Lord.*

Lamb of God, who takes away the
sin of the world, *have mercy on us.*

Pray for us, Holy Mother of God.

So that we may become worthy of the promises of Our Lord Jesus Christ.

Prayer:

We ask you, Lord, that we, your servants, may always enjoy health of soul and body; and through the glorious intercession of the Blessed Virgin Mary, free us from the sorrows of this world and grant us the joys of heaven. Through Jesus Christ Our Lord. Amen.

Ave Maris Stella

Hail, Star of the Sea,
Mother, who gave birth to God ,
remaining perpetually Virgin,
happy gate of heaven.

Well, you received that Ave
From the lips of Gabriel,
ground us in peace,
exchanging the name of Eve.

Release the prisoners from prison,
gives light to the blind,
Drive away our evils,
collect all our goods.

Show that you are a Mother,
receive our prayers through your mediation
He who was born for us, deigned
to be yours.

Singular Virgin,
Gentle over all, make
them free from guilt,
let us be gentle and chaste.

Give us a pure life,
prepare a safe path,
so that, seeing Jesus,
may we rejoice eternally.

Glory be to God the Father,
Praise to Christ Almighty
and to the Holy Spirit:
to the three of you one honor. Amen.

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DAY 13.

And it came to pass, as He was praying in a certain place, that as soon as He ceased, one of the disciples said unto him, Lord, teach us to pray, as John also taught his disciples.

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He said to them, "When you pray, say, 'Father, hallowed be your name; your kingdom come. Give us each day our daily bread; forgive us our debts, as we also forgive all our debtors; and lead us not into temptation.'"

And he said to them, "If any of you has a friend and comes to him at midnight and says, 'Friend, lend me three loaves; a friend of mine from a journey has come to me, and I have nothing to give him.' And he from within answers and says, 'Do not trouble me; the door is already shut, and my little ones are already in bed with me; I cannot get up and give them to you.' I say to you, if he will not get up and give him anything because he is his friend, at least because of his shamelessness he will get up and give him as much as he needs. Therefore I say to you, Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. For everyone who asks receives, and he who seeks finds, and to him who knocks it will be opened." (Luke 11:1-10)

For prayers, see page 8.

* * *

DAY 14.

On the obedience of the humble subject

following the *example of Jesus Christ*

Son, he who seeks to escape obedience himself separates himself from grace; and he who desires to have his own things loses the things shared.

He who does not willingly submit to his superior, it is a sign that his flesh does not yet obey him perfectly, but often resists and murmurs.

Learn, then, to submit quickly to your superior, if you wish to have your flesh subject. For the external enemy is overcome all the more quickly if the inner man is not weakened.

There is no enemy worse or more harmful to the soul. that you yourself, if you are not well-matched with the spirit.

It is necessary that you have true contempt for yourself, if you want to overcome flesh and blood.

Because you still love yourself very disorderly, that is why you fear subjecting yourself completely to the will of others.

But what is it that you, dust and nothing, submit to man for God, when I, Almighty and Most High, who created all things from nothing, humbly submitted to man for you?

I made myself the most humble and dejected of all, so that you could overcome your pride with my humility.

Learn, dust, to obey; learn, earth and mud, to humble yourself and prostrate yourself at the feet of all.

Learn to break your inclinations and surrender to all subjection. *(Imitation of Christ,* Book III, Chapter 13)

For prayers, see page 9.

* * *

DAY 15.

At that time some came forward and told him about the Galileans whose blood Pilate had mingled with the blood of the sacrifices they were offering. And he answered them and said, "Do you think that these Galileans were worse sinners than all the others, for they suffered these things? I tell you, no, and unless you repent, you will all likewise perish. Those eighteen on whom the tower in Siloam fell and killed them—do you think that they were worse sinners than all the others who lived in Jerusalem? I tell you, no, and unless you repent, you will all likewise perish." (Luke 13:1-5)

We need Maria *to die* to *ourselves*

To empty ourselves it is necessary die to ourselves daily; that is, we must renounce the operations of the faculties of our soul and the feelings of our body; we must see as if we did not see, hear as if we did not hear, make use of the things of this world as if we did not make use of them, which St. Paul calls dying daily. (1 Cor 15:31)

If a grain of wheat falls into the earth and does not die, it remains alone and produces no good fruit (Jn 12:24). If we do not die to ourselves and if our holiest devotions do not lead us to this necessary and fruitful death, we will not produce any fruit, and our devotions will be useless; all our acts of justice will be stained by self-love and self-will, which will make God abhor the greatest sacrifices and the best actions we can perform. And at our death we will find ourselves with hands empty of virtues and merits, and we will lack a spark of that pure love that is communicated only to souls dead to themselves, whose life is hidden with Jesus Christ in God.

It is necessary to choose among all the devotions to the Blessed Virgin, the one that most leads us to this personal death, as it is the best and most sanctifying, because not all that glitters is gold, nor all that is sweet honey, nor is what is most feasible and practiced by the majority the most perfect. Just as in the order of nature there are operations that are performed with little cost and with ease, so in the order of grace there are secrets that are executed in a short time, with sweetness and ease, supernatural and divine operations that consist in emptying oneself of oneself and filling oneself with God, thus achieving perfection.

(Treatise on True Devotion..., Nos. 81 and 82)

For prayers, see page 8.

* * *

DAY 16.

During the first week, you will dedicate all your prayers and acts of piety to asking for self-knowledge and contrition for your sins, and you will do all this in a spirit of humility. You will be able to meditate on what I have said above about our evil background and not be contrite.

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They will consider themselves, during the six days of this week, as snails, slugs, toads, pigs, snakes, unclean animals; or they will meditate on these three words of Saint Bernard: *Think of what you were, putrid semen; what you are, a vessel of manure; what you will be, bait for worms.*
They will pray to Our Lord and the Holy Spirit to enlighten them with these words: *Lord, that I may see; Lord, that* I *may know; Come, Holy Spirit,* and they will recite every day the *Ave, Maris Stella,* and the litanies of the Blessed Virgin or of the Holy Spirit.

They will turn to the Blessed Virgin, asking for this grace, which must be the foundation of the others, and for
They will say this every day, the *Ave Maris Stella* and the litany of the Blessed Virgin. *(Treatise on True Devotion...,* no. 228)

From self-consideration

We should not trust ourselves with great things, be-
that we often lack grace and discretion.

There is little light in us, and we soon lose it through our negligence.

And many times we don't realize how blind we are in our soul.

Many times we also act wrongly, and we ex-
we feel worse.

Sometimes we are driven by passion, and we think it is jealousy.

We reprimand others for small things, and we swallow the serious ones if they are ours.

Very quickly we feel and aggravate what others feel
We suffer, but we don't notice how much we anger others.

He who examines his own works well and uprightly will not have to judge others' works harshly. *(The Imitation of Christ,* Book II, Chapter 5)

For prayers, see page 8.

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DAY 17.

Of the judgment and *punishment of sinners*

Look to the end in all things, and how you will stand before that most just Judge, from whom nothing is hidden, nor is he appeased by gifts, nor does he accept excuses, but he will judge most justly.

Oh ignorant and miserable sinner! What will you answer to God, who knows all your wickedness, you who sometimes fear the face of an angry man?

Why don't you prepare for the day of judgment, when there will be no one to defend or plead for another, but each one will have enough to do for himself?

He said to his disciples: There was a certain rich man who had a steward, who was accused of squandering his property. He called him and said, "What do I hear about you?"
Give an account of your stewardship, for you will no longer be able to remain a steward. And the steward said to himself, What shall I do, since my master is taking away my stewardship? I cannot dig, and I am ashamed to beg. I know what I must do.
to do so that when I am removed from the stewardship they will welcome me into their houses. Calling each of his master's debtors, he said to the first, "How much do you owe my master?" He said, "A hundred baths of oil." And he said to him, "Take your security, sit down at once, and write fifty." Then he said to another, "And you, how much do you owe?" He said, "A hundred baths of wheat."

He said to him, "Take your deposit and write eighty." The master commended the unfaithful steward for having acted shrewdly, for the children of this age are more discerning than the children of light. (Luke 16:1-8)

For prayers, see page 8.

* * *

DAY 18.

He said to his disciples: Scandals are inevitable; however, woe to him through whom they come!
It would be better for him to have a millstone hung around his neck and be thrown into the sea than to cause one of these little ones to sin. Take heed to yourselves.

If your brother sins against you, correct him, and if he repents, forgive him. If he sins against you seven times a day and turns to you seven times and says, 'I repent,' you will forgive him.

The apostles said to the Lord: Increase our faith. The Lord said: If you had faith as small as a mustard seed, you could say to this mulberry tree, Be uprooted and planted in the sea, and it would obey you.

Which of you, having a servant plowing and tending flocks, when he has come in from the field, says to him, 'Come quickly and sit down to eat,' and does not say to him, 'Prepare me supper, and gird yourself to wait on me until I eat and drink, and afterward you may eat and drink?'

Should he be grateful to the servant because he did what he was commanded? So you also, when you do these things that are commanded you, say, 'We are unprofitable servants; we have done what we were called to do.' (Luke 17:1-10)

All heavy things must *be suffered for eternal life*

My child, do not let the labors you have undertaken for Me break you, nor let the tribulations overwhelm you completely; but may My promise strengthen and comfort you in all that is to come.

I am enough to reward you in every way and measure.

You will not work here long, nor will you always be aggravated by pain.

Wait a little while and you'll see how quickly the troubles will pass.

The hour will come when all work and anxiety will cease.

Little and brief is everything that happens with time.
(Imitation of Christ, Book III, Chapter 47)

For prayers, see page 8.

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DAY 19.

They also brought little children to him for him to touch them. Seeing this, the disciples rebuked them. Jesus called them to him, saying, "Let the little children come to me, and do not hinder them, for the kingdom of God belongs to such as these."

Truly I tell you, whoever does not receive the kingdom of God like a child will never enter it.

A certain man asked him, saying, “Good Teacher, what must I do to inherit eternal life?” Jesus answered, “Why do you call me good? No one is good but God alone. You know the precepts: ‘You shall not commit adultery, you shall not murder, you shall not steal, you shall not bear false witness, honor your father and your mother.’ He said to him, “All these precepts I have kept from my youth.” When Jesus heard this, he said to him, “One thing you still lack: Sell all you have and give to the poor, and you will have treasure in heaven; and then follow me.” When he heard this, he was distressed, because he was very rich. When Jesus saw it, he said, “How hard it is for those who have riches to enter the kingdom of God!”
For it is easier for a camel to go through the eye of a needle than for a rich man to enter the kingdom of God.
Those who heard him said, "Who then can be saved?" He answered, "What is impossible with men is possible with God."

Peter said to him, "We have left all that we had and followed you." He said to them, "Indeed, you are
I say that no one who has left house, wife, brothers, parents and children for the sake of the kingdom of God will fail to receive many times as much in this age and eternal life in the age to come. (St. Luke, chapter 18, 15-30)

For prayers, see page 8.

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Third

2nd Week

KNOWLEDGE OF MARY

Acts of love, pious affections towards the Blessed Virgin, imitation of her virtues, especially her profound humility, her living faith, her blind obedience, her continual mental prayer, her mortification in all things, her incomparable purity, her ardent charity, her heroic patience, her angelic sweetness and her divine wisdom: "these being," as Saint Louis Marie Grignion de Montfort says, "the ten principal virtues of the Blessed Virgin."

We must unite ourselves to Jesus through Mary; this is the characteristic of our devotion; therefore, Saint Louis Marie Grignion de Montfort asks us to strive to acquire a knowledge of the Blessed Virgin. Mary is our sovereign and our mediatrix, our Mother and our Lady. Let us strive, then, to understand the effects of this royalty, this mediation, and this motherhood, as well as the grandeurs and prerogatives that are the foundations or consequences of it. Our Blessed Mother is also perfect—

a mold in which we can be molded to be able to make her intentions and dispositions our own. We will not achieve this without studying Mary's interior life—her virtues, her feelings, her actions, her participation in the mysteries of Jesus Christ, and her union with Him.

PRAYERS TO BE PRAYED
FROM THE 20TH TO THE 26TH INCLUSIVE

LITANY OF THE HOLY SPIRIT

(For private devotion only)

Lord, have mercy. *Lord, have mercy.*
Christ, have mercy. *Christ, have mercy.*
Lord, have mercy. *Lord, have mercy.*

Christ, hear us. *Christ, hear us.*
Christ, hear us. *Christ, hear us.*

Heavenly Father God, *have mercy on us.*
God, Son, Redeemer of the world, *id.*
God, Holy Spirit, *id.*
Holy Trinity, one God, *id.*

Spirit who proceeds from the Father and the Son,
enlighten us and sanctify us.
Spirit of the Lord, who at the beginning
of creation planning
You made the waters fertile, Spirit *id.*
by whose inspiration
The prophets have spoken. *id.*
Spirit whose anointing teaches us
all things. *id.*
Spirit who bears witness to Christ. *id.*
Spirit of truth who instructs us
above all things. *id.*
Spirit coming upon *Mary.* *id.*
Spirit of the Lord that fills the whole world. *id.*
Spirit of God that dwells in us. *id.*
Spirit of wisdom and understanding. *Id.*
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Spirit of science and piety. *id.*
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unspeakable. *id.*
Spirit that descended upon Christ
in the form of a dove. *id.*
Spirit in which we are reborn. *id.*
Spirit by which charity is spread
in our hearts. *id.*
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Spirit in tongues of fire
You appeared above the apostles. *id.*
Spirit with which they went
the apostles filled. *id.*
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to *each as you wish.* *id.*

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Be propitious to us, Hear us, Lord.

From all evil, deliver us, Lord.
From all sin. id.
Of temptations and *snares of the devil.* id.
Of presumption and despair. id.
Of resistance to the known truth Of obstinacy id.
and impenitence. id.
From the impurity of mind and body. id.
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For your eternal procession of the Father and the Son.
For your descent upon Christ in the Jordan.
By your coming upon the disciples.
We beg you to hear us.
On the day of judgment, we sinners. id.
So that just as we live by the Spirit,
let us also work for Him. id.
So that remembering that we are a temple
of the Holy Spirit, let us not profane it. id.
So that living according to the Spirit,
let us not fulfill the desires of the flesh. id.
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let us mortify the works of the flesh. id.
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Holy Spirit of God. id.
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the unity of the Spirit
in the bond of peace. id.
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So that we may test the *spirits*
if they are from God. id.
So that you may deign to renew in us
the spirit of righteousness. id.
So that you can confirm us
by your sovereign Spirit. id.

Lamb of God, who takes away
the sin of the world, forgive us, Lord.

Lamb of God, who takes away
the sin of the world, Hear us, Lord.

Lamb of God, who takes away
the sin of the world, have mercy on us.

Prayer:

Assist us, we pray, Lord, with the power of the Holy Spirit, which may mercifully purify our hearts and preserve us from all evil. We ask this through Jesus Christ Our Lord. Amen.

Litany of Our Lady

Lord, have mercy. Lord, have mercy.
Christ, have mercy. Christ, have mercy.
Lord, have mercy. Lord, have mercy.

Christ, hear us. Christ, hear us.
Christ, hear us. Christ, hear us.

God the Heavenly Father. Have mercy on us.
God the Son, Redeemer of the world. id.
God the Holy Spirit. id.
Holy Trinity one God. id.

Saint Mary. Pray for us.
Holy Mother of God. id.
Holy Virgin of virgins. id.
Mother of Christ. id.
Mother of the Church. id.
Mother of divine grace. id.
Most pure Mother. id.
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Immaculate Mother. id.
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Mother of good advice. id.
Mother of the Creator. id.
Mother of the Savior. id.

Most prudent Virgin. id.
Virgin worthy of veneration. id.
Virgin worthy of praise. id.
Powerful Virgin. id.
Virgin Mary. id.
Faithful Virgin. id.

Slave of the Lord. id.
Mirror of justice. id.
Throne of wisdom. id.
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Distinguished vessel of devotion. id.
Mystic rose. id.
Tower of David. id.
Ivory tower. id.
House of gold. id.
Ark of the covenant. id.
Gate of Heaven. id.
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Health of the sick. id.
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Queen of martyrs. id.
Queen of confessors. id.
Queen of the virgins. id.
Queen of all saints. id.
Queen conceived without original blemish. id.
Queen assumed into heaven. id.
Queen of the Most Holy Rosary. id.
Queen of the family. id.
Queen of peace. id.
Queen of love slaves id.

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Lamb of God, who takes away
the sin of the world, forgive us, Lord.

Lamb of God, who takes away
the sin of the world, Hear us, Lord.

Lamb of God, who takes away the
sin of the world, have mercy on us.

Pray for us, Holy Mother of God.

So that we may become worthy of the promises of Our Lord Jesus Christ.

Prayer:

We ask you, Lord, that we, your servants, may always enjoy health of soul and body; and through the glorious intercession of the Blessed Virgin Mary, free us from the sorrows of this world and grant us the joys of heaven. Through Jesus Christ Our Lord. Amen.

Ave Maris Stella

Hail, Star of the Sea, Mother,
who gave birth to God ,
remaining perpetually Virgin,
happy gate of heaven.

Well, you received that Ave
From the lips of Gabriel,
ground us in peace,
exchanging the name of Eve.

Release the prisoners from prison,
gives light to the blind,
Drive away our evils,
collect all our goods.

Show that you are a Mother,
receive our prayers through your mediation
He who was born for us, deigned
to be yours.

Singular Virgin,
Gentle over all, make
them free from guilt,
let us be gentle and chaste.

Give us a pure life,
prepare a safe path,
so that, seeing Jesus,
may we rejoice eternally.

Glory be to God the Father,
praise to Christ Almighty

Prayer to Our Lady
of Saint Louis Mary Grignion de Montfort

Hail, Mary, most beloved Daughter of the Eternal Father; hail, Mary, admirable Mother of the Son; hail, Mother, most faithful Spouse of the Holy Spirit; hail, Mary, my beloved Mother, my amiable Teacher, my powerful Sovereign; hail, my joy, my glory, my heart and my soul!

You are all mine by mercy, and I am all yours by justice, but I am still not enough. Again I give myself to You entirely as an eternal slave, without holding anything back, neither for myself nor for others.

If you see anything in me that is not yet yours, take it at once, I beg you, and make yourself absolute mistress of all my possessions to destroy and uproot and annihilate in me everything that displeases God and to plant and raise and produce everything that pleases you.

May the light of your faith dispel the darkness of my spirit; may your profound humility replace my pride; may your sublime contemplation halt the distractions of my wandering imagination; may your continual vision of God fill my memory with His presence; may the fire of charity in your heart ignite the lukewarmness and coldness of mine; may my sins give way to your virtues; may your merits be my adornment and supplement before God. Finally, my dearest and most beloved Mother, grant, if possible, that I may have no spirit but yours to know Jesus Christ and understand His divine will; that I may have no soul but yours to praise and glorify the Lord; that I may have no heart but yours to love God with pure love and with a love ardent like Yours.

I ask for no visions, no revelations, no pleasures, no contentments, not even spiritual ones. For You to see clearly, without darkness; for You to taste completely, without bitterness; for You to triumph gloriously at the right hand of your Son, without humiliation; for You to command angels, men, and demons with absolute power, without resistance, and ultimately to dispose, without reservation, of all the goods of God. This is, divine Mary, the best portion that has been granted to You, and which will never be taken away from You, which is for my greatest joy.
For myself, and as long as I live, I want no other than to experience what You had: to believe simply, without seeing or tasting anything; to suffer joyfully, without consolation from creatures; to die to myself, continually and without rest; to work hard until death for You, without interest, like the vilest of slaves. The only grace, which out of pure mercy I ask of You, is that every day and at every moment of my life I say three amens: amen (so be it) to all that You did on earth when You lived; amen to all that You are doing at present in heaven; amen to all that You work in my soul, so that there may be nothing in it but You, to fully glorify Jesus in me, now and for eternity. Amen.

PRAY THE HOLY ROSARY.

For the prayer of the Holy Rosary, see page 26

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DAY 20.

They went quickly and found Mary and Joseph, and the Child lying in a manger. When they saw him, they reported what had been told them about the Child. All who heard them were amazed at what the shepherds said to them.
Mary kept all this and pondered it in her heart.
The shepherds returned, glorifying and praising God for all they had heard and seen, as they had been told.

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When eight days were completed for the circumcision of the Child, they gave him the name Jesus, given to him by the angel before he was conceived in the womb.

When he was twelve years old, his parents went up according to the rite of the festival, and when the days were over, they returned, the child Jesus remained behind in Jerusalem, unseen by his parents. Supposing he was in the caravan, they traveled a day's journey. They searched for him among their relatives and friends, and when they did not find him, they returned to Jerusalem to look for him. After three days they found him in the temple, sitting among the teachers, listening to them and asking them questions. All who heard him were amazed at his understanding and his answers.

When his parents saw him, they were amazed. His mother said to him, "Son, why have you done this to us? Look, your father and I have been seeking you for a long time, distressed." And he said to them, "Why were you seeking me? Did you not know that I must be about my Father's business?" They did not understand what he was saying to them.
He went down with them and came to Nazareth, and was subject to them, and his mother kept all these things in her heart. Jesus grew in wisdom and stature, and in favor with God and men.
(Saint Luke, chapter 2, 16-21; 42-52)

For prayers, see page 12.

* * *

DAY 21.

True devotion to the Virgin

To ascend and unite ourselves to Him, we must use the same means He used to descend to us, to become man and to communicate His graces to us; and that means is true devotion to the Blessed Virgin.

There are many true devotions to the Blessed Virgin: I am not speaking here of the false ones.

The first consists in fulfilling the duties of a Christian, avoiding mortal sin, acting more out of love than fear, praying from time to time to the Blessed Virgin and honoring her as the Mother of God, without any other special devotion to her.

The second has higher sentiments of esteem, love, veneration, and trust for the Virgin; it induces one to join the confraternities of the Holy Rosary and the Scapular, to pray the chaplet or the Holy Rosary, to honor the images and altars of Mary, to publish her praises, to enlist in her congregations. And this devotion (provided we abstain from sin) is good, holy, and praiseworthy; but not as suitable as the one that follows to separate the souls of creatures and detach them from themselves.

themselves in order to unite them to Jesus Christ.

The third form of devotion to the Blessed Virgin, known and practiced by very few people, is for predestined souls, which I am going to reveal to you.

It consists in giving oneself entirely, as a slave,
to Mary and Jesus through her;
and also in doing all the things
with Mary, in Mary, by Mary and for Mary.

A special day must be chosen to give oneself, consecrate oneself, and sacrifice oneself; and this must be done voluntarily and out of love, without shrinking, entirely and without any reservation; body and soul, external goods and fortune, such as a home, family, and income; and the soul's internal goods, namely, its merits, graces, virtues, and satisfactions. *(The Secret of Mary,* nos. 23-24)

For prayers, see page 12.

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DAY 22.

Their characters

Inside:

True devotion to Our Lady is interior: that is, it must come from the spirit and the heart; such devotion is born from the esteem one has for the Virgin, from the high opinion one has of her greatness, and from the love one has for her.

Tender:

It is tender, that is, full of trust in the Blessed Virgin, like that of a child in its good mother. This devotion is what makes a soul turn to her in all its needs of body and spirit with great simplicity, trust, and tenderness.

Saint:

This devotion to Our Lady is holy: that is to say, it leads a soul to avoid sin and to imitate the virtues of the Blessed Virgin in particular, profound humility, living faith, blind obedience, continual prayer, her universal mortification, incomparable purity, ardent charity, heroic patience, angelic sweetness and divine wisdom.

These are the ten principal virtues of the Blessed Virgin.

Constant:

It is constant, that is, it affirms a soul in goodness and leads it not to easily abandon devotional practices; it makes it courageous to oppose the world, its customs and maxims, the flesh with its appetites and passions, and the devil in his temptations. Thus, a person truly devoted to the Blessed Virgin is neither changeable, melancholic, scrupulous, nor fearful.

Selfless:

True devotion to Our Lady is selfless; that is, it inspires a soul that does not seek itself, but only God in His Most Holy Mother.

A true devotee of Mary does not love this august Queen out of a spirit of profit or self-interest, nor for her own temporal or spiritual good, but only because she deserves to be served, and God alone in her. *(Treatise on True Devotion…* nos. 105-110)

For prayers, see page 12.

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DAY 23.

What is perfect consecration?
to *Jesus through Mary*

Since our perfection consists in being conformed to, united with, and consecrated to Jesus Christ, the most perfect of all devotions is, without a doubt, that which most perfectly conforms, unites, and consecrates us to this perfect model of all holiness. And since Mary is of all creatures the most conformed to Jesus Christ, it follows that of all devotions, that which most consecrates and conforms a soul to Our Lord is devotion to the Most Holy Virgin, His Holy Mother. The more a soul is consecrated to Mary, the more it will be united to Jesus Christ. This is why perfect consecration to Jesus Christ is nothing other than a perfect and entire consecration of oneself to the Most Holy Virgin. This is the devotion I teach; or in other words, a perfect renewal of the vows and promises of Holy Baptism.

This devotion consists, then, in surrendering oneself entirely to the Blessed Virgin in order to be wholly Jesus Christ's through Mary. It is necessary to surrender: first, our body with all its senses and members; second, our soul with all its powers; third, our exterior goods, that is, our present and future fortune; fourth, our interior and spiritual goods, that is, our merits, our virtues, and our past, present, and future good works; In a word: all that we have in the order of nature and in the order of grace, and all that we may have in the future in the order of nature, grace, and glory, and this without any reservation, not of a penny, not of a hair, not of the least good work, and furthermore for all eternity, and without expecting or claiming any other reward for our offering and our services than the honor of belonging to Jesus Christ through Mary and in Mary, even though this lovely Lady were not, as she always is, the most liberal and recognized of creatures. *(Treatise on True Devotion…* nos. 120-121)

For prayers, see page 12.

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DAY 24.

This devotion is an *easy, short, perfect and safe path* to reach the union with God that is Christian perfection.

It's an easy way:

It is a path that Jesus has traveled coming to us, and in which there is no obstacle to reach Him. It is true that it is possible to reach union with God by other paths, but it will be through many more crosses and strange faintings, and through many more difficulties, very painful to us.
beat.

It's a short way:

This devotion to the Blessed Virgin is a short path to finding Jesus Christ, both because there is no loss in it, and because, as I just said, through it one walks with greater joy and ease, and therefore with greater speed. One makes more progress in a short period of submission and dependence on Mary than in entire years of one's own will and self-reliance.

It is a perfect path:

This devotion to the Blessed Virgin is a perfect path to unite oneself with Jesus Christ, since the divine Mary is the most perfect and holiest of pure creatures, and since Jesus Christ, who came perfectly to us, took no other path for his great and admirable journey. The Most High, the Incomprehensible, the Inaccessible, *He who Is,* has chosen to come to us, little worms of the earth who are nothing.
How has this been accomplished? The Almighty descended perfectly and divinely to us through Mary, without losing anything of his divinity or holiness, and through Mary, the little ones must ascend perfectly and divinely to the Almighty without any fear.

It is a safe path:

This devotion to the Blessed Virgin is a sure way to go to Jesus Christ and acquire perfection by uniting ourselves to Him. For this practice that I teach is not new; it is so ancient that its principles cannot be defined. And it could not be condemned without upsetting the foundations of Christianity. It is clear, then, in conclusion, that this devotion is not new, and that although it is not common, this consists in the fact that it is too precious to be savored and practiced by everyone. This devotion is a sure means to go to Our Lord, because it is proper to the Blessed Virgin to lead us safely to Jesus Christ, as it is proper to Jesus Christ to lead us safely to the Eternal Father. *(Treatise on True Devotion... no. 152-164)*

For prayers, see page 12.

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DAY 25.

Wonderful effects of this devotion

Be convinced that if you are faithful to the internal and external practices of this devotion, which I will now mark out for you, the following effects will take place:

Effect 1:

The Holy Spirit will give you, through Mary, his beloved Spouse, light to understand the evil in your depths, your corruption and your incapacity for all good, if God is not your principle, as the author of nature and grace, and as a consequence of this knowledge you will despise yourselves and will think of yourselves only with horror. Finally, humble Mary will make you share in her

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profound humility, which will make you, while despising yourself, not despise anyone and wish to be despised.

Effect 2nd.

The Blessed Virgin will give you part of her faith, which was greater on earth than the faith of all the patriarchs, prophets, apostles and all the saints.

Effect 3rd:

This Mother of Beautiful Love will remove from your heart all scruples, all servile and disordered fear.

Effect 4th:

The Blessed Virgin will fill you with great confidence in God and in Herself because you will no longer approach Jesus Christ by yourselves but through this good Mother.

Effect 5th:

The soul of the Blessed Virgin will communicate with you to glorify the Lord. Her spirit will enter yours, to rejoice in God, her Savior, as long as you are faithful to the practices of this devotion.

Effect 6th:

If we cultivate Mary well, who is the tree of life in our soul, faithfully following the practice of this devotion, she will bear her fruit in her time, and this fruit of hers is Jesus Christ.

Effect 7th:

By this practice, most faithfully observed, you will give Jesus Christ more glory in one month than in any other way, however difficult it may be, in many years. *(Treatise on True Devotion,* nos. 213-225)

For prayers, see page 12.

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DAY 26.

If you want to understand the Mother, says a saint, understand the Son, for she is a Mother worthy of God: "Let every tongue be silent here." This demonstrates that the divine Mary has been unknown until now, and that this is one of the reasons why Jesus Christ is not known as he should be.

If, then, as is true, the kingdom of Jesus Christ is to come into the world, it will be but a necessary consequence of the knowledge of the kingdom of the Most Holy Virgin Mary, who brought him into the world the first time and will make it shine at the second coming.

I confess with the whole Church that Mary, being but a pure creature from the hands of the Most High, compared to the infinite Majesty she is less than an atom, or rather nothing, since only God is the one who is, and consequently, I confess that this great Lord, sovereign and absolute Being, has not had nor now has any need of the Most Holy Virgin to do His most holy *will* and to manifest His glory. It is enough that God wills, for everything to be done. I say, however, that even so, having God willed to begin and conclude His greatest works through the Most Holy Virgin since He formed her, it is to be believed that He will not change His conduct over the course of the centuries, because He is God and does not vary in His feelings or in His conduct.

Mary is the Queen of heaven and earth by grace, as Jesus is King by nature and by conquest; for the kingdom of Jesus Christ consists primarily in the heart and interior of man, according to these words: "The kingdom of God is within you." In the same way, the kingdom of the Blessed Virgin is primarily within man, that is, in souls. And it is in souls that she is more glorified with her Son than in all visible creatures. We can call her, along with the saints, Queen of hearts. *(Treatise on True Devotion...,* nos. 12-38)

For prayers, see page 12

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Quarter

3rd Week

KNOWLEDGE OF JESUS CHRIST

Acts of love to God, thanksgiving for Jesus' blessings, contrition and resolution

During this period we will be studying to Jesus Christ. What should be studied about Jesus Christ?

First:

The God-Man, his grace and glory; then his rights in sovereign dominion over us; since, having renounced Satan and the world, we take Jesus Christ as our Lord.

Second:

Her interior *life ;* the virtues and acts of her Sacred Heart; her association with Mary and the mysteries of the Annunciation and Incarnation. During her childhood and hidden life at the wedding feast at Cana and on Calvary... *(Treatise on True Devotion...* nos. 12-38, 183, 212, 226-265)

PRAYERS TO BE PRAYED
FROM THE 27TH TO THE 33RD INCLUSIVE

LITANY OF THE HOLY SPIRIT

(For private devotion only)

Lord, have mercy. Lord, have mercy.
Christ, have mercy. Christ, have mercy.
Lord, have mercy. Lord, have mercy.

Christ, hear us. Christ, hear us.
Christ, hear us. Christ, hear us.

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Heavenly Father God, *have mercy on us.*
God, Son, Redeemer of the world, *id.*
God, Holy Spirit, *id.*
Holy Trinity, one God, *id.*

Spirit who proceeds from the Father and the Son,
enlighten us and sanctify us.
Spirit of the Lord, who at the beginning
of creation planning
You made the waters fertile, Spirit *id.*
by whose inspiration
The prophets have spoken. *id.*
Spirit whose anointing teaches us
all things. *id.*
Spirit who bears witness to Christ. *id.*
Spirit of truth who instructs us
above all things. *id.*
Spirit coming upon *Mary.* *id.*
Spirit of the Lord that fills the whole world. *id.*
Spirit of God that dwells in us. *id.*
Spirit of wisdom and understanding. *Id.*
Spirit of counsel and strength.
Spirit of science and piety. id.
Spirit of fear of the Lord. Id.
Spirit of grace and mercy. Id.
Spirit of strength, dilection and sobriety.
Spirit of faith, hope, love, and peace. id.
Spirit of humility and chastity.
Spirit of kindness and gentleness.
Spirit of manifold grace. Id.
Spirit who searches the secrets of God. Go.
Spirit who prays for us with groans
unspeakable. *id.*
Spirit that descended upon Christ
in the form of a dove. *id.*
Spirit in which we are reborn. *id.*
Spirit by which charity is spread
in our hearts. *id.*
Spirit of adoption of the children of God. *id.*
Spirit in tongues of fire
You appeared above the apostles. *id.*
Spirit with which they went
the apostles filled. *id.*
Spirit who distributes your gifts
to *each as you wish.* *id.*

Be propitious to us, *forgive us, Lord.*
Be propitious to us, *Hear us, Lord.*

From all evil, *deliver us, Lord.*
From all sin. *id.*
Of temptations and *snares of the devil.* *id.*
Of presumption and despair. *id.*
Of resistance to the known truth Of obstinacy *id.*
and impenitence. *id.*
From the impurity of mind and body. *id.*
From the spirit of fornication. *id.*
From every evil spirit. *id.*

For your eternal procession of the Father and the Son.
For your descent upon Christ in the Jordan.
By your coming upon the disciples.
We beg you to hear us.
On the day of judgment, we sinners. *id.*

So that just as we live by the Spirit,
let us also work for Him. *We beg you to hear us.*
So that remembering that we are a temple
of the Holy Spirit, let us not profane it. *id.*
So that living according to the Spirit,
let us not fulfill the desires of the flesh. *id.*
So that by the Spirit
let us mortify the works of the flesh. *id.*
So that we do not grieve You ,
Holy Spirit of God. *id.*
So that we may be diligent in keeping
the unity of the Spirit
in the bond of peace. *id.*
So that we do not believe every *spirit.* *id.*
So that we may test the *spirits*
if they are from God. *id.*
So that you may deign to renew in us
the spirit of righteousness. *id.*
So that you can confirm us
by your sovereign Spirit. *id.*

Lamb of God, who takes away
the sin of the world, *forgive us, Lord.*

Lamb of God, who takes away
the sin of the world, *Hear us, Lord.*

Lamb of God, who takes away
the sin of the world, *have mercy on us.*

Prayer:

Assist us, we pray, Lord, with the power of the Holy Spirit, which may mercifully purify our hearts and preserve us from all evil. We ask this through Jesus Christ Our Lord. Amen.

Ave Maris Stella

Hail, Star of the Sea,
Mother, who gave birth to God ,
remaining perpetually Virgin,
happy gate of heaven.

Well, you received that Ave
From the lips of Gabriel,
ground us in peace,
exchanging the name of Eve.

Release the prisoners from prison,
gives light to the blind,
Drive away our evils,
collect all our goods.

Show that you are a Mother,
receive our prayers through your mediation
He who was born for us, deigned
to be yours.

Singular Virgin,
Gentle over all, make
them free from guilt,
let us be gentle and chaste.

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Give us a pure life,
prepare a safe path,
so that, seeing Jesus,
may we rejoice eternally.

Glory be to God the Father,
Praise to Christ Almighty
and to the Holy Spirit:
to the three of you one honor. Amen.

LITANY OF THE HOLY NAME OF JESUS

Lord, have mercy on us. *(Bis)*
Christ, have mercy on us. *(Bis)*
Lord, have mercy on us. *(Bis)*

Jesus, hear us. *Jesus, hear us.*
Jesus, hear us. *Jesus, hear us.*

God, heavenly Father, have mercy on us.
God, Son, Redeemer of the world, id.
God, Holy Spirit, go.
Holy God, triune and one, *id.*
Jesus son of the living God, go.
Jesus, splendor of the Father, go.
Jesus, candor of eternal light, go.
Jesus, King of glory, go.
Jesus, sun of justice, go.
Jesus, Son of the Virgin Mary, id.
Jesus, kind, go.
Jesus, admirable, go.
Jesus, mighty God, go with you.
Jesus, Father of the age to come, id.
Jesus, angel of great counsel, go.
Jesus, most powerful, go.
Jesus, most obedient, go.
Jesus, meek and *humble of heart, go.*
Jesus, lover of chastity, go.
Jesus, our lover, go.
Jesus, God of peace, go.
Jesus, author of life, id.
Jesus, model of virtues, id.
Jesus, guardian of souls, go.
Jesus, our God, go.
Jesus, our refuge, go with us.
Jesus, father of the poor, go.
Jesus, treasure of the faithful, go.
Jesus, good shepherd, go with us.
Jesus, true light, go.
Jesus, eternal wisdom, go.
Jesus, infinite goodness, go.
Jesus, our way and our life, go with us.
Jesus, joy of the angels, go.
Jesus, king of the patriarchs, go.
Jesus, teacher of the apostles, go.
Jesus, doctor of the evangelists, id.
Jesus, strength of the martyrs, go.
Jesus, light of confessors, go.
Jesus, purity of virgins, go.
Jesus, crown of all saints, go.

Be propitious to us, *Forgive us, Jesus. Hear*
Be propitious to us, *us, Jesus.*

From all evil, *Deliver us, Jesus.*
From all sin, *Go.*
From your anger, *id.*
From the bonds of the devil, *id.*
From the spirit of fornication, *id.*
From eternal death, *id.*
From the contempt of your inspirations, *id.*
For the mystery
of your holy incarnation, *id.*
By your birth, *id.*
For your childhood, *id.*
By your divine life, *id.*
For your work, *id.*
For your passion and glory, *id.*
For your cross and abandonment, *id.*
For your anguish, *id.*
For your death and burial, *id.*
For your resurrection, *id.*
For your ascension, *id.*
For your joys, *id.*
For your glory, *id.*

Lamb of God, who takes away the sins of the world,
Jesus, forgive us.

Lamb of God, who takes away the sins of the world, Jesus, hear us.

Lamb of God, who takes away the sins of the world, Jesus,
have mercy on us.

Jesus, hear us. *Jesus, hear us.*
Jesus, hear us. *Jesus, hear us.*

V. Blessed be the name of the Lord.

R. Now and forever, for ever and ever.

PRAYER

Lord Jesus Christ, you said: Ask and you will receive, seek and you will find, knock and it will be opened to you; we beseech you, pour out upon us the tenderness of your divine love, so that, loving you with all our heart, in word and deed, we may never cease to praise you. Grant, O Lord, that we may also fear and love your holy name forever, for your providence never abandons those whom you protect with the strength of your love. You live and reign forever. Amen.

MONTFORT'S PRAYER TO JESUS CHRIST

Let me, my most loving Jesus, address myself to You, to attest my gratitude for the favor You have shown me with the devotion of Slavery, giving me Your Most Holy Mother to be my advocate before Your Majesty, and in my most great misery my universal substitute. Ah, Lord! I am so miserable that without this good Mother, I would infallibly have been lost.

Yes, I need Mary, before You and everywhere; I need her to calm Your just anger, because I have offended You so much and I offend You every day; I need her to stop the eternal and deserved

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Two punishments with which your justice threatens me, to ask of you, to draw near to you, and to please you; I need them to save my soul and that of others; I need them, in a word, to always do your will, to seek your greater glory in everything.

Oh, if only I could publish throughout the universe this mercy you have shown me! If only I could make it known to the whole world that were it not for Mary I would be damned! If only I could worthily thank you for so great a favor! Mary is in me.

Haec facta est mihi. Oh, what a treasure! Oh, what a consolation! And, from now on, won't I be everything to Her? Oh, what ingratitude! Rather, death. My dearest Savior, that you allow such a misfortune, for I would rather die than live without being all Mary's. A thousand times, like Saint John the Evangelist at the foot of the cross, I have taken her instead of all my things.

How many times have I given myself to Her! But if I have not yet made this commitment to Your liking, I do so now, my dear Jesus, as You wish. And if in my soul or in my body you see anything that does not belong to this august Princess, tear it out, I beg you, throw it far from me; for not being of Mary, it is unworthy of You.

O Holy Spirit! Grant me all graces; plant, water, and cultivate in my soul the true tree of life, which is the most lovely Mary, so that it may grow and flourish and bear abundantly the fruit of life.

Oh, Holy Spirit! Give me great devotion and affection for Mary; may I lean heavily on her maternal womb and continually have recourse to her mercy, so that in her you may form Jesus Christ within me, natural, grown and vigorous to the fullness of his perfect age.

Amen.

Oh Jesus, who lives in Mary

Come, O Jesus, who lives in Mary; come to live and reign in us, so that your life may be expressed in our lives, so that we may live only for You.

Forge in our soul, O Christ, your virtues, your divine Spirit and holiness, your perfect maxims and your norms and the ardor of your eternal charity.

Give us, Lord, a share in your mysteries so that we may imitate you; you who are Light of Light, give us your light, and we may walk after you.

Reign, Christ, in us through your Mother, over the devil and nature, by virtue of your sovereign name, to the glory of the heavenly Father. Amen.

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DAY 27.

Christ, our ultimate goal

Jesus Christ Our Lord, true God and true man, must be the ultimate goal of our devotions.

nes; otherwise, they would be false and deceptive. Jesus Christ is the *high* and the *omega,* the beginning and end of all things.

We do not work, as the Apostle says, except to make every man perfect in Jesus Christ because only in Him resides all the fullness of Divinity and all the other fullnesses of grace, virtues and perfections;

because only in Him are we blessed with every spiritual blessing;
because He is the only teacher who should teach us, it is our only Lord on whom we must depend, our only Chief to whom we must belong, our only Model to whom we must conform,
our only Doctor who must heal us, our only Shepherd who must feed us,
our only path we must walk,
our only Truth that we must believe, our only life that we must vivify, and
our only All in all things

that should be enough for us.

No other name has been spoken under heaven than that of Jesus by which we must be saved. God has laid no other foundation of our salvation, of our perfection, and of our glory than Jesus Christ; every building not built on this firm rock is built on shifting sand, and sooner or later will inevitably fall.

With Jesus Christ and in Jesus Christ we can do all things: we can give all honor and glory to the Father in the unity of the Holy Spirit, we can become perfect and be a sweet aroma of eternal life to our neighbors.

If, then, we dedicate ourselves to the beautiful devotion to the Blessed Virgin, it is only to establish more perfectly the love of Jesus Christ, and to find an easy and sure means of finding Jesus Christ. As I have already shown, and will show later, this devotion is necessary for us to find Jesus Christ perfectly, to love Him tenderly, and to serve Him faithfully. *(Treatise on True Devotion…,* nos. 61-62)

For prayers, see page 17.

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DAY 28º.

When Jesus had finished these speeches, he said to his disciples: You know that in two days is the Passover and the Son of man will be handed over to be crucified.

While they were eating, Jesus took bread, blessed it, broke it, and gave it to the disciples and said, "Take and eat; this is my body." And he took a cup and, having given thanks, gave it to them, saying, "Drink from it, all of you; this is my blood of the covenant, which will be poured out for many for the forgiveness of sins. I tell you, I will not drink of this fruit of the vine until the day I drink it again with you in my Father's kingdom."

Then Jesus came with them to a place called Gethsemane and said to them: Sit here while I go to

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pray. And taking Peter and the two sons of Zebedee with him, he began to be sorrowful and troubled. Then he said to them, “My soul is sorrowful, even to death; stay here and watch with me.” And going a little farther, he fell with his face to the ground and prayed, saying, “My Father, if it is possible, let this cup pass from me. Nevertheless, not as I will, but as you will, be it.” And he came to the disciples and found them asleep. He said to Peter,

So you could not watch with me one hour? Watch and pray that you may not be tempted. The spirit is willing, but the flesh is weak. Again he went away a second time and prayed, saying, "My Father, if this cannot pass away unless I drink it, your will be done." And when he came again, he found them asleep; their eyes were heavy. And he left them and went away a third time and prayed, still saying the same words. Then he came to the disciples and said, "Sleep on now and take your rest, for the hour is at hand, and the Son of Man is to be betrayed into the hands of sinners. Arise, let us go; he who is going to betray me is at hand." (Matthew 26:1-2; 26-29; 36-46)

For prayers, see page 17.

* * *

DAY 29.

On the Imitation of Christ

and *contempt for all the vanities of the world*

Whoever follows me does not walk in darkness, says the Lord. These are the words of Christ, with which he admonishes us to imitate his life and customs, if we truly wish to be enlightened and freed from all blindness of heart.

Let our study, then, be to think about the life of Jetheir.

The doctrine of Christ surpasses that of all the saints, and he who has spirit will find hidden *manna* in it.

But it happens that many, although they often hear the Gospel, like it little, because they do not have the spirit of Christ.

It is advisable for them to try to conform to it throughout their lives.

What good is it to you to dispute over high things of the Trinity, if you are not humble, whereby you displease the Trinity?

Certainly, lofty words do not make one holy or righteous; but a virtuous life makes a man lovable to God.

I rather want to feel contrition than know how to define it.

If you knew the entire Bible by heart and the sayings of all the philosophers, what would it all profit you without charity and the grace of God?

Vanity of vanities, and *all is vanity,* but to love and serve God alone.

It is the greatest wisdom, through contempt of the world, to go to the heavenly realms. *(Imitation of Christ,* Book I, Chapter 1)

For prayers, see page 17.

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DAY 30º.

And they sat and kept watch there. Above his head they wrote his charge against him: *This* is *Jesus, the King of the Jews.* Then two robbers were crucified with him, one on his right and one on his left. Those who passed by insulted him, shaking their heads and saying, "You who would destroy the temple and rebuild it in three days, save yourself now! If you are the Son of God, come down from that cross."

And the chief priests, with the scribes and the elders, mocked and said, "He saved others, but he cannot save himself. If he is the King of Israel, let him come down from the cross now, and we will believe in him. He has put his trust in God; let him deliver him now, if he will, since he has said, 'I am the Son of God.'"

The robbers who were crucified with Him also insulted Him. (St. Matthew, chapter 27, 36-44)

FROM THE ROYAL ROAD OF THE HOLY CROSS

This word seems harsh to many; deny yourself, take up your cross, and follow Jesus. But it will be much harder to hear that last word: Depart from me, you cursed, into eternal fire. For those who now hear and willingly follow the word of the cross will not then fear to hear the word of eternal damnation.

This sign of the cross will be in heaven, when the Lord comes to judge.

Then all the servants of the cross, who have conformed themselves in life to the Crucified One, will approach Christ the Judge with great confidence.

So that is how it is, why are you afraid to take up the cross, by which one goes to the kingdom?

In the cross is health, in the cross is life, in the cross is defense from enemies, in the cross is the infusion of sovereign gentleness, in the cross is the strength of the heart, in the cross is the joy of the spirit, in the cross is the highest virtue, in the cross is the perfection of holiness.

There is no health of the soul, nor the hope of eternal life, except in the cross.

Take up your cross, then, and follow Jesus, and you will go to eternal life.

He came first, and carried his cross and died on the cross for you, because you also carry it and desire to die on it.

For if you die with Him, you will live with Him.
He.

And if you are a companion in sorrow, you will also be a companion in glory. *(Imitation of Christ,* Book II, Chapter 2)

For prayers, see page 17.

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DAY 31°.

OF KINDNESS AND CHARITY, OF GOD, THAT MANIFESTS ITSELF IN THE BLESSED SACRAMENT TO MEN

Lord, trusting in your goodness and great mercy, I come, sick, to the doctor; hungry and thirsty, to the Source of life; poor, to the King of heaven; servant, to the Lord; creature, to the Creator; disconsolate, to my compassionate comforter.

But where does this good come from to me, that You come to me? me? Who am I that you should give yourself to me?

How dare the sinner appear before of You? And You, how do You deign to come to the sinner?

You know your servant, and you know that he has no good that could merit you doing him this benefit.

I confess my vileness to you, I acknowledge your truth, I praise your piety, and I thank you for your extreme charity. *(Imitation of Christ,* Book IV, Chapter 2)

Those who take this holy slavery will profess singular devotion to the great mystery of the Incarnation of the Word, on March 25, which is the mystery of this devotion that has been inspired by the Holy Spirit:

First,

to honor and imitate the ineffable dependence that God the Son has wanted to have on Mary, for the glory of God his Father and for our salvation, which dependence is shown particularly in this mystery in which Jesus appears captive and slave in the womb of the divine Mary, where he depends totally on Her for all things.

Second,

to give thanks to God for the incomparable favors he has granted to Mary and particularly for having chosen her as his most worthy Mother, a choice that has been made in this mystery.

Such are the two principal ends of the slavery of Jesus in Mary. Since we live in a proud age, in which there are a great number of puffed-up scholars, strong-minded and critical people who find fault with the best-founded and most solid practices of piety, it is better, in order not to give them occasion for unnecessary criticism, to speak of *the slavery of Jesus in Mary,* and to call oneself the slave of Jesus Christ, who is the slave of Mary, taking the name of this devotion rather from its ultimate end, which is Jesus Christ, than from the way and means to reach this end, which is Mary, even though both can, in truth, be used without scruple.

Another reason is that the main mystery that is celebrated and honored in this devotion is the mystery of the In-carnation, in which Jesus Christ cannot be seen except in Mary and incarnated in her womb, it is more appropriate to say the *slavery of Jesus in Mary,* according to that beautiful prayer of such great souls: Oh Jesus who lives in Mary, come and live in us in your spirit of holiness, etc.

Those who adopt this slavery will recite with great devotion the *Hail Mary* or the Angelic Salutation, whose value, merit, excellence, and necessity few Christians, even the most enlightened, know. It has been necessary for the Blessed Virgin to appear many times to great saints who were very much her slaves to show them such great merit. *(Treatise on True Devotion...,* nos. 243, 245, 249)

For prayers, see page 17.

* * *

DAY 32º.

Of the love of Jesus above all things

Blessed is he who knows what it means to love Jesus, and to despise himself for Jesus .

It is better to leave a loved one for another loved one, because Jesus wants to be loved above all things.

The love of a creature is deceitful and changeable; the love of Jesus is faithful and enduring.

He who comes to the creature will fall with the slippery ; He who embraces Jesus will remain in Him forever .

Love Jesus and have Him as your friend, because even if everyone abandons you , He will not abandon you or let you perish. in the end.

Your beloved is of such a condition that he does not want to admit anyone else; but He only wants to have your heart, and sit like a king on his own throne.

If you only knew how to be free of all creatures, Jesus will gladly dwell with you. *(Imitation of Christ,* Book 11, Chapter 7)

Here are some very appropriate interior practices for those whom the Holy Spirit calls to high perfection , which, in four words, are reduced to performing all actions through Mary, with Mary, in Mary and for Mary, in order to practice them more perfectly through Jesus, with Jesus, in Jesus and for Jesus.

It is necessary to perform actions through Mary, that is , it is necessary to obey the Blessed Virgin in everything and be guided in everything by her spirit, which is the spirit of God. Those who are guided by Him are children of God. Those who are guided by the spirit of Mary are children of Mary, and consequently children of God, and among so many devotees of the Blessed Virgin, there are no truer and more faithful devotees than those who are guided by her spirit.
For Mary's spirit is the spirit of God, since she was never guided by her own spirit, but always by the divine spirit, which so completely took possession of Mary that it became her own spirit. How blessed is a soul when it is completely possessed and governed by Mary's spirit , which is gentle and strong , zealous and prudent, humble and fearless, pure and fruitful.

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It is necessary to do all our works with Mary; that is to say, in our actions we must look to Mary as the perfect model of every virtue and perfection that the Holy Spirit has formed in a pure creature, so that we may imitate Him according to our ability. It is necessary, then, that in every action we look at how Mary has done it or would do it if she were in our place. For this we must examine and meditate on the great virtues that she practiced during her life, particularly: first, her living faith, by which she believed the word of the angel without hesitation, and believed faithfully and constantly until the foot of the cross; second, her profound humility , which has made her hide, remain silent, submit to everything, and always place herself last. *(Treatise on True Devotion...,* nos. 257-260)

For prayers , see page 17.

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DAY 33°.

The Body of Christ and *Holy Scripture*

They are very necessary for the faithful soul

Oh sweetest Lord Jesus! How sweet is the devout soul that indulges in You at Your banquet, where no other food is presented to her than that desired by her only beloved, the one she desires above all her heart!

It would certainly be very sweet for me to shed in your presence abundant affectionate tears and to bathe your feet with them, like pious Mary Magdalene. But where is this devotion now? Where is the copious outpouring of devout tears?

Indeed, in your presence and in the presence of your holy angels, my whole heart should be kindled and weep with joy.

Because in the Sacrament I truly have you present, although hidden under another species.

Because looking at you in your own divine clarity does not My eyes could not bear it, nor could the whole world stand before the splendor of the glory of your majesty.

You, then, have consideration for my weakness when you hide yourself under this Sacrament. *(Imitation of Christ,* Book IV, Chapter 11)

These actions must be practiced in Mary. The Blessed Virgin is the true earthly paradise of the new Adam, of which the old earthly paradise was only a figure. There are, then, in this earthly paradise riches, beauties, singularities , and inexplicable sweetnesses that the new Adam, Jesus Christ, left there. In this paradise He was pleased for nine months, worked His wonders , and displayed His riches with the magnificence of God. In this earthly paradise is where the tree of life truly resides, which is Jesus Christ, the fruit of eternal life ; the tree of the knowledge of good and evil that has given health to the world. In this divine place there are trees planted by the hand of God and sprinkled with His divine grace, which have produced and every day bear fruit of exquisite flavor . Only the Holy Spirit can to make known the truth hidden beneath the figures of material things. The Holy Spirit, through the Holy Fathers, also calls the Blessed Virgin, the eastern gate through which the great priest Jesus Christ entered the world ; through her he entered the first time, and through her he will come the second time.

Finally , it is necessary to do all our actions for Mary. Not that we should take her as the ultimate goal of our actions, which is only Jesus Christ, but as our proximate end , our mysterious means and sure way to reach Him. It is necessary to undertake and do great things for this august sovereign, relying on her protection. It is necessary to defend her privileges when they are disputed, it is necessary to uphold her glory when it is attacked, to bring the whole world, if possible, to her service and to this solid and true devotion. It is necessary to expect from her, as a reward for these small services, nothing more than the honor *of* belonging to such an amiable Princess and the happiness of being united through her to Jesus the Son in time and in eternity. *(Treatise on True Devotion...* nos. 261-265)

For prayers, see page 17 .

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HOW TO MAKE THE CONSECRATION

At the end of the three weeks, one will confess and receive Communion with the intention of surrendering oneself to Jesus Christ as a slave of love, through Mary. After Communion , one will recite the formula of consecration, which should be written down or have written down, if not printed, and signed on the same day . It would be good to pay some tribute to Jesus Christ and the Virgin on that day, either as a penance for infidelity to the vows of baptism, or to protest against one's complete dependence on the dominion of Jesus and Mary . This tribute will be according to each person's devotion and capacity, such as a fast, a mortification, or alms; even if one were to give nothing but a pin, it is enough for Jesus, who only cares for goodwill. Every year, on the same day, the same consecration will be renewed, observing these practices for three weeks.

CONSECRATION OF ONESELF TO JESUS CHRIST, THE INCARNATE WISDOM, THROUGH MARY

O eternal and incarnate Wisdom! O lovable and adorable Jesus, true God and true man, only Son of the Eternal Father and of Mary, ever- virgin !
I adore you profoundly in the bosom and splendor of your Father, throughout eternity , and in the virginal womb of Mary, your most worthy Mother, at the time of your Incarnation.

I thank you because you have humbled yourselves and taken the form of a slave to free me from the cruel slavery of the devil.

I praise and glorify you because you have submitted to Mary, your Holy Mother, in everything, in order to make me your faithful slave through Her . But alas! Ungrateful and unfaithful

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As I am, I have not fulfilled my duties, I have not kept the vows and promises I so solemnly made at my baptism, I have not deserved to be called your son or your slave; and as there is nothing in me that does not deserve your rejection and your anger, I do not dare to approach your Most Holy and August Majesty on my own .

For this reason I have resorted to your intercession . Most Holy Mother, you have given me as a mediator with you, and by this means I hope to obtain from you contrition and forgiveness of my sins , the acquisition and preservation of Wisdom .

I greet you, O Immaculate Mary, living tabernacle of Divinity, where the eternal Wisdom hidden away desires to be adored by angels and men ; I greet you, O Queen of heaven and earth , to whose dominion all that is under God is subject .

I greet you , O sure refuge of sinners , whose mercy is lacking to no one; listen to the desires I have of divine Wisdom and accept for this the vows and offerings that my lowliness presents to you.

I, N……..., unfaithful sinner , renew and ratify today in your hands the vows of my Baptism. I renounce Satan forever , his pomp and his works, and I give myself entirely to Jesus Christ, Wisdom incarnate, to carry my cross after Him all the days of my life; and so that I may be more faithful than I have been until now, I choose you today, O Mary, in the presence of the entire heavenly court, as my Mother and Lady.

I deliver and consecrate to you , as a slave , my body and soul, my interior and exterior goods , and even the value of my past, present and future good deeds , granting you full and complete right to me and to all that belongs to me, without exception, to your pleasure, for the greater glory of God, in time and eternity.

Receive, O most benign Virgin, this small offering of my slavery , in honor and union with the submission that Incarnate Wisdom wished to observe toward your Motherhood, in homage to the power that both of you have over this little worm and miserable sinner, in thanksgiving for the privileges with which the Most Holy Trinity has endowed you. I protest that from now on I wish, as your true slave , to seek your honor and obey you in all things.

O admirable Mother ! Present me to your Son as his eternal slave, so that , having redeemed me for you, he may receive me from your hands. O Mother of mercy, grant me the grace to attain the true wisdom of God, and thus to place me among those whom you love, teach, guide, nourish, and protect as your children and slaves. O faithful Virgin ! Make me in all things so perfect a disciple , imitator , and slave of Incarnate Wisdom , Jesus Christ, your Son, that through your intercession I may attain, in imitation of you, to the fullness of perfection on earth and of glory in heaven . Amen .

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ARCHCONFRATERNITY OF MARY, QUEEN OF HEARTS

After consecration, registration in the *Archconfraternity of Mary,* Queen *of Hearts* is recommended .

1. Nature and object

The Archconfraternity of Mary, Queen of Hearts, is a pious union that has no organic form (that is, not autonomous, canon 686, no. 3), which welcomes the faithful who intend to live and spread the Marian life taught by Saint Louis Marie Grignion de Montfort, where they can thus, with greater ease and security, achieve their own sanctification.

2. How to join the Archconfraternity

One becomes a member of the Archconfraternity by registering in the registry of any of its centers, made by the director or a delegate of his.

In Italy:

Confraternitta Maria Regina Dei Cuori.
Via Romagna, 44, Rome, Italy.

In the United States of America:

Confraternity of Mary, Queen of All Hearts.
Montfort Missionaries 26 So. Saxon Ave.
Bay Shore, N. Y. 11706 Tel. (516) 665 07 26.

3. Conditions for members

Every Catholic, whether cleric or religious (canon 693, no. 4), may belong to the Archconfraternity of Mary, Queen of Hearts. Members may therefore assume other obligations specific to their own spiritual life or in relation to their apostolate.

The inscription must be preceded by the consecration to the Virgin, according to the formula of Saint Louis Marie Grignion de Montfort.

4. Obligations

The members of the Archconfraternity must, for the sake of the same Pious Union, imbue their lives with the Marian spirit . For this reason, they will dedicate themselves to fulfilling all their actions with Mary, through Mary, in Mary , and for Mary, in order to be able to live and act more perfectly with Christ, in Christ, and through Christ Jesus.

They will also renew , with fidelity and frequency, their consecration, particularly beginning their journey with this .

Benefits

Members of the Archconfraternity participate in all the good works and suffrages performed by the Society of Mary and the Congregation of the Daughters of Wisdom; in a special way, the Masses celebrated by the religious members of the Society of Mary every first Monday of the month for the deceased of the Congregation are applied to them.

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Festivities of the Archconfraternity

The main feast is the **Annunciation of Mary** (March 25), a day that reminds us of the great truth of the **Incarnation of Jesus,** who, coming to us through Mary, wanted to become subject to his Mother.

The second main festival is that of Saint Louis Marie Grignion de Montfort (April 28).

Other special feasts are: the Immaculate Conception (December 8), Christmas (December 25) , the Purification (February 2), the Visitation (March 31), the Assumption (August 15), the Immaculate Heart of Mary (the Saturday of the third week after Pentecost), the Sorrowful Mother (September 15) .

INDULGENCES

Plenary indulgence under the usual conditions on the day of registration and on its anniversary. On the feasts of Our Lord Jesus Christ and of the Blessed Virgin Mary that are included in the calendar of the Universal Church, and on the feast of Saint Louis Marie Grignion de Montfort (April 28). On the first Saturday of the month.

In the throes of death, the archconfraternity, having received the Holy Sacraments, or if this is not possible, at least contrite, devoutly invokes the Most Holy Name of Jesus, with his heart unable to speak, and accepts death in expiation for his own sins as coming from the hands of God.

You will also obtain partial indulgences every time you devoutly recite, at least with a contrite heart, this ejaculation: "I am all yours and I offer you all I possess, my amiable Jesus, through Mary, your most holy Mother."

He may gain another partial indulgence each time he devoutly performs, with at least a contrite heart, a work of piety or charity, in accordance with the spirit of the archconfraternity.

If you wish to join the Archconfraternity of Mary, Queen of All Hearts, please send your name, address , and date of your consecration to the nearest archconfraternity or to:

Montfort Foundation,
Jonqueres 18, 8° C
08003-Barcelona, Spain.
Telephone: 93 318 08 29

PUBLISHED TITLES

in Spanish

of Saint Louis Mary Grignion de Montfort

- The Secret of Mary.
- Treatise on True Devotion to the Blessed Virgin.
- The Love of eternal Wisdom.
- Circular letter to the Friends of the Cross.
- Burning Prayer
- The Admirable Secret of the Most Holy Rosary.

From other authors

- Preparation Total Consecration to Jesus in Mary.
- Montfortian Way of True Devotion to Maria, by Frank Duff.
- The Doctoral Charism of St. Louis Marie Grignion Montfort, by Eduard Vivas i Llorens.
- Examination of conscience of the slave of love of Jesus in Mary, by JM Hupperts, SMM
- Biography of Saint Louis Marie de Montfort, by Jesus Fernandez Soto.
- A month with Maria, by Dr. Joan-Antoni Mateo García.
- Mary and the weakness of God, by Jean Morinay.
- Manual of the Marian Slavery groups of love (GEM).
- Mini-Manual of the GEM.

* * *

PUBLISHED TITLES

in Catalan

of Saint Louis Mary Grignion de Montfort

- Maria's Secret
- Tractat de la Verdadera Devoció a la Sant. Verge.
- L'Amor of the Eternal Saviesa.
- L'Amor of the Eternal Saviesa. (Montserrat)

From another author

- A month with Maria, by Dr. Joan-Antoni Mateo García.

MONTFORT FOUNDATION

Grignion de Montfort Society

Jonqueres, 18; 8º. C
08003-Barcelona
Telephone: 93 318 08 29
e-mail: sgm@sgmontfort.org

AGES Ú SPORMAR Í A

GOD ALONE

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Prayer of the Holy Montfortian Rosary

HOLY ROSARY

Montfortian characteristics:

In each Hail Mary of the different decades of the Rosary, after the name of Jesus, a “word” is said that summarizes the Mystery, to keep it continually present, within us, or rather, to place ourselves in the physical place of the mystery.

In each mystery a fruit to be obtained is indicated.

BEGINNING OF THE PRAYER OF THE HOLY ROSARY

By the sign of the holy cross, deliver us from our enemies,
Lord our God.
In the name of the Father, and of the Son, and of the Holy Spirit.
Amen.

OFFERING

Lord our God, direct and guide all our thoughts, words, and deeds to your greater honor and glory. And you, most holy Virgin, obtain for us from your Son that we may with all attention and devotion pray your most holy Rosary, which we offer to you for the exaltation of the holy Catholic Faith, for our spiritual and temporal needs, for the good and suffrage of the living and the dead who are most pleasing to you, and for our principal obligation.

The mysteries we will meditate on today are:

JOY:	*Monday and Saturday.*
LIGHT:	*Thursday.*
PAIN:	*Tuesday and Friday.*
GLORY:	*Wednesday and Sunday.*

.....

MYSTERY OF JOY - Monday and Saturday

1st The Incarnation of the Son of God

It is indeed characterized by the joy produced by the event of the Incarnation. This is evident from the Annunciation, when Gabriel's greeting to the Virgin of Nazareth is combined with the invitation to messianic joy: "Rejoice, Mary." The entire history of the world itself points to this proclamation. Indeed, if the Father's plan is to recapitulate all things in Christ, the divine gift with which the Father approaches Mary to make her the Mother of his Son reaches out to the entire universe. In turn, all of humanity is involved in *the fiat* with which she promptly responds to God's will.

SONG 1 The angel of God descending from heaven
announces the mystery of the Incarnation.
Hail, Hail, Hail Mary. (2 times)

SONG 2 Jesus, the Lord, comes. (2 times)
He comes (3 times). He comes.
Jesus, the Lord, is coming.

Fruit: ***Humility of Heart.***

In each Hail Mary, after the name of Jesus, we will say the word:

INCARNATE

In reverence: **Our Father, 10 Hail Marys and Glory Be**

End: Jesus, Mary and Joseph, I love you!
save souls.

VARIOUS PRAYERS

OUR FATHER,

who art in heaven; hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread, forgive us our trespasses, as we forgive those who trespass against us; lead us not into temptation, but deliver us from evil. Amen.

HAIL MARY,

You are full of grace; the Lord is with you; blessed are you among women, and blessed is the fruit of your womb. Jesus.

Holy Mary, Mother of God (and our Mother); pray for us sinners, now and at the hour of our death.
Amen.

GLORY

to the Father, and to the Son, and to the Holy Spirit.

As it was in the beginning is now, and ever shall be, centuries of centuries. Amen.

SONG 1

Fatima intonation:

Months: January – March – May – August – October – December

SONG 2

Charismatic Intonation

Months: February – April – June – July – September – November

.....

MYSTERY OF JOY - Monday and Saturday

2° The Visitation to her cousin Saint Elizabeth

The joy is felt in the scene of the encounter with Elizabeth, where Mary's own voice and the presence of Christ in her womb make John "leap for joy."

SONG 1 The Virgin Mary greets Elizabeth
and his soul magnifies God's mercy.
Hail, Hail, Hail Mary (2 times)

SONG 2 Jesus, the Lord, calls. (2 times)
He calls (3 times). He calls.
Call Jesus, the Lord.

Fruit: ***Charity with one's neighbor***

In each Hail Mary, after the name of Jesus, we will say the word:

SANCTIFIER

In reverence: Our Father, 10 Hail Marys and Glory Be

End: Mary, mother of grace,
mother of piety, love and mercy,

defend us from our enemies
and protect us
now and in the hour
of our death. Amen.

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MYSTERY OF JOY - Monday and Saturday

3° The Birth of the Son of God

The Bethlehem scene is full of joy, where the birth of the divine Child, the Savior of the world, is sung by the angels and announced to the shepherds as "a great joy."

* * *

SONG 1 A radiant star announces in Bethlehem
born among straws to the God of Israel.
Hail, Hail, Hail Mary (2 times)

SONG 2 Jesus, the Lord, is born. (2 times)
He is born (3 times). He is born.
Jesus, the Lord, is born.

* * *

Fruit of the mystery:

Evangelical poverty

In each Hail Mary, after the name of Jesus, we will say the word:

POOR BOY

In reverence: Our Father, 10 Hail Marys and Glory Be

* * *

End: Oh Mary conceived without sin.
Pray for us who have recourse to You

.....

MYSTERIES OF JOY - Monday and Saturday

5° The Child Jesus lost and found in the Temple

The episode of Jesus' 12-year stay in the Temple is also joyful and dramatic at the same time. He appears with his divine wisdom as he listens and questions, substantially exercising the role of the one who 'teaches'. The revelation of his mystery as Son, dedicated entirely to the things of the Father, announces that evangelical radicalism which, in the face of the absolute demands of the Kingdom, questions even the deepest bonds of human affection. Joseph and Mary themselves, startled and distressed, "did not understand" his words.

* * *

SONG 1 With cruel anguish he sought him everywhere,
when He among the wise teaches the Law.
Hail, Hail, Hail Mary (2 times)

SONG 2 Holy is Jesus, the Lord. (2 times)
He is holy (3 times). Holy.
Holy is Jesus, the Lord

* * *

Fruit: ***Seeking and finding Jesus through Mary in all things***

In each Hail Mary, after the name of Jesus, we will say the word:

HOLY OF HOLLS

In reverence: Our Father, 10 Hail Marys and Glory Be

* * *

End: Jesus, Mary and Joseph, I love you!
save souls.

MYSTERY OF JOY - Monday and Saturday

4° The Presentation of Jesus in the Temple

But the last two mysteries, while retaining the flavor of joy, *anticipate hints of the drama.* Indeed, the presentation in the Temple, while expressing the joy of consecration and the ecstasy of old Simeon, also contains the prophecy that the Child will be a "sign that is contradicted" for Israel and that a sword will pierce the soul of the Mother.

* * *

SONG 1 Carrying the Child Jesus to the Temple
a rite she performs of humble virtue.
Hail, Hail, Hail Mary (2 times)

SONG 2 Jesus, the Lord, heals. (2 times)
He heals (3 times). Heals.
Heal Jesus, the Lord.

* * *

Fruit: ***We offer our whole heart to God and maintain purity of body and soul.***

In each Hail Mary, after the name of Jesus, we will say the word:

SACRIFICED

In reverence: Our Father, 10 Hail Marys and Glory Be

* * *

End: Oh my Jesus! Forgive us our sins,
deliver us from the fires of hell

and take all souls to heaven,
especially the most needy
of Your divine mercy.

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MYSTERIES OF LIGHT - Thursday

1° The Baptism of Jesus

The Baptism in the Jordan is, above all, a mystery of light. In it, as Christ, as an innocent man who becomes "sin" for us, enters the waters of the river, heaven opens, and the voice of the Father proclaims him beloved Son, and the Holy Spirit descends upon him to invest him with the mission that awaits him.

* * *

SONG 1 " He is the beloved" was heard in the Jordan
when Jesus was baptized by Saint John.
Hail, Hail, Hail Mary (2 times)

SONG 2 Tender is Jesus, the Lord. (2 times)
He is tender (3 times). Tender
Tender is Jesus, the Lord

* * *

Fruit: ***Learn humility from Jesus***
and understand that he who humbles himself
will be exalted.

In each Hail Mary, after the name of Jesus, we will say the word:

BAPTIZED

In reverence: Our Father, 10 Hail Marys and Glory Be

* * *

End: Jesus, Mary and Joseph, I love you!
save souls.

.....

MYSTERIES OF LIGHT - Thursday

2° Jesus at the wedding at Cana

The Mystery of Light is the beginning of the signs at Cana, when Christ, transforming water into wine, opens the hearts of the disciples to faith thanks to the intervention of Mary, the first believer.

* * *

SONG 1 "Do whatever He tells them," Mary told them,
to those who served wine at the Weddings.
Hail, Hail, Hail Mary (2 times)

SONG 2 Jesus, the Lord, offers. (2 times)
He toasts (3 times). He toasts
Jesus, the Lord, gives.

* * *

Fruit: ***Trust in the intercessory power of Mary.***

In each Hail Mary, after the name of Jesus, we will say the word:

THAT GOD MANIFESTS HIMSELF

In reverence: Our Father, 10 Hail Marys and Glory Be

* * *

End: Mary, mother of grace,
mother of piety, love and mercy,
defend us from our enemies
and protect us
now and in the hour
of our death. Amen.

.....

MYSTERIES OF LIGHT - Thursday

3° The Announcement of the Kingdom of God

The Mystery of Light is the preaching with which Jesus announces the coming of the Kingdom of God and invites conversion, forgiving the sins of those who approach Him with humble faith, thus beginning the ministry of mercy that He will continue to exercise until the end of the world, especially through the sacrament of reconciliation entrusted to the Church.

* * *

SONG 1 Jesus announcing the kingdom of God,
He invited everyone to conversion.
Hail, Hail, Hail Mary (2 times)

SONG 2 Good is Jesus, the Lord. (2 times)
He is good (3 times). Good.
Good is Jesus, the Lord.

* * *

Fruit: ***Docility to the Word of God***
and conversion of heart.

In each Hail Mary, after the name of Jesus, we will say the word:

WHO PROCLAIMS THE KINGDOM OF GOD TO YOU

In reverence: Our Father, 10 Hail Marys and Glory Be

* * *

End: Oh Mary conceived without sin.
Pray for us who have recourse to You

MYSTERIES OF LIGHT - Thursday

4° The Transfiguration of Jesus

The Transfiguration, which according to tradition took place on Mount Tabor, is the Mystery of Light par excellence. The glory of divinity shines on the face of Christ, as the Father accredits Him to the ecstatic apostles so that they may "listen" to Him and prepare to live with Him the painful moment of the Passion, in order to reach with Him the joy of the Resurrection and a life transformed by the Holy Spirit.

* * *

SONG 1 On the top of the mountain he was transfigured,
the glory of the Father was shown to them there.
Hail, Hail, Hail Mary (2 times)

SONG 2 Light is Jesus, the Lord. (2 times)
He is light (3 times). Light.
Light is Jesus, the Lord.

* * *

Fruit: ***May the hope of glory with Jesus***
encourage us to carry the cross.

In each Hail Mary, after the name of Jesus, we will say the word:

TRANSFIGURED

In reverence: Our Father, 10 Hail Marys and Glory Be

* * *

End: Oh my Jesus! Forgive us our sins,
deliver us from the fires of hell
and take all souls to heaven,
especially the most needy
of Your divine mercy.

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MYSTERIES OF LIGHT - Thursday

5° The institution of the Most Holy Eucharist

The mystery of light is, finally, the institution of the Eucharist, in which Christ becomes nourishment with his Body and Blood under the species of bread and wine, bearing witness to his love for humanity "to the end" and for whose salvation he will offer himself as a sacrifice.

* * *

SONG 1 Sublime mystery of God's love,
It is the Eucharist that Jesus gave us.
Hail, Hail, Hail Mary (2 times)

SONG 2 God is Jesus, the Lord. (2 times)
He is God (3 times). God.
God is Jesus, the Lord.

* * *

Fruit: ***May we feel loved by Jesus***
and required to love their brother.

In each Hail Mary, after the name of Jesus, we will say the word:

THAT YOU ARE GIVEN TRUE MAN AND GOD

In reverence: Our Father, 10 Hail Marys and Glory Be

* * *

End: Jesus, Mary and Joseph, I love you!
save souls.

.....

MYSTERIES OF PAIN - Tuesdays and Fridays

1st Jesus' prayer in the Garden

The Rosary selects moments from the Passion, inviting the person praying to fix their heart's gaze upon them, now revived. The meditative journey opens with Gethsemane, where Christ experiences a particularly anguished moment before the will of the Father, against which the weakness of the flesh would be inclined to rebel. There, Christ takes the place of all the temptations of humanity and confronts all the sins of men, to say to the Father: "Not my will, but yours, be done." This "yes" of his changes the "no" of the progenitors in Eden.

* * *

SONG 1 Look, my soul, upon your Lord and God, in anguish, in prayer.
Hail, Hail, Hail Mary (2 times)

SONG 2 Jesus, the Lord, groans. (2 times)
He moans (3 times). He moans
Jesus the Lord groans.

* * *

Fruit: *Feel great pain and contrition for our sins*

In each Hail Mary, after the name of Jesus, we will say the word:

DYING

In reverence: Our Father, 10 Hail Marys and Glory Be

* * *

End: Jesus, Mary and Joseph, I love you!
save souls.

.....

MYSTERIES OF PAIN - Tuesdays and Fridays

2° The Flagellation of the Lord

And how much this adherence to the Father's will would cost him is shown in these mysteries of pain: They began to spit in his face and beat him with their fists. After having Jesus flogged, he handed him over to Pilate to be crucified.

* * *

SONG 1 Endless scourges tear their flesh:
My sins deserve such a vile punishment.
Hail, Hail, Hail Mary (2 times)

SONG 2 Jesus, the Lord, suffers. (2 times)
He suffers (3 times), He suffers.
Jesus, the Lord, suffers.

* * *

Fruit: *To have our senses mortified and do worthy penance for our sins*

In each Hail Mary, after the name of Jesus, we will say the word:

WHIPPED

In reverence: Our Father, 10 Hail Marys and Glory Be

* * *

End: Mary, mother of grace,
Mother of piety, love and mercy, defend us from our enemies
and protect us
now and in the hour
of our death. Amen.

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MYSTERIES OF PAIN - Tuesdays and Fridays

3rd The Crowning with Thorns

And they stripped him of his garments and put a purple robe on him, and twisted a crown of thorns and put it on his head, and a reed in his right hand. And they bowed their knees to him and mocked him, saying, “Hail, King of the Jews!”

* * *

SONG 1 A crown of thorns pierces his brow: but I proclaim
him as God and King.
Hail, Hail, Hail Mary (2 times)

SONG 2 Jesus, the Lord, reigns. (2 times)
He reigns (3 times). He reigns.
Jesus, the Lord, reigns.

* * *

Fruit: *Flee from all pride and vanity*
and despise the honors and *glory of the world.*

In each Hail Mary, after the name of Jesus, we will say the word:

CROWNED WITH THORNS

In reverence: Our Father, 10 Hail Marys and Glory Be

* * *

End: Oh Mary conceived without sin.

Pray for us who have recourse to You

.....

MYSTERIES OF PAIN - Tuesdays and Fridays

5th The death on the Cross of the Lord

He is plunged into the greatest ignominy: *Ecce homo!* In this disgrace not only is the love of God revealed, but also the very meaning of man. *Ecce homo:* whoever wishes to understand man must know how to discover his meaning, his root and his fulfillment in Christ, God who humbles himself for love "even unto death, even death on a cross." The mysteries of sorrow lead the believer to relive the death of Jesus by placing himself at the foot of the cross next to Mary, in order to penetrate with her into the immensity of God's love for man and feel all its regenerating power.

* * *

SONG 1 With harsh anguish, nailed to the cross, saving me my
sweet Jesus dies.
Hail, Hail, Hail Mary (2 times)

SONG 2 Jesus, the Lord, dies. (2 times)
He dies (3 times). He dies.
Jesus, the Lord, dies.

* * *

Fruit: *Let sinners be converted,*
may the righteous persevere
and the souls of purgatory may be freed

In each Hail Mary, after the name of Jesus, we will say the word:

CRUCIFIED

In reverence: Our Father, 10 Hail Marys and Glory Be

* * *

End: Jesus, Mary and Joseph, I love you!

save souls.

MYSTERIES OF PAIN - Tuesdays and Fridays

4° The ascent to Calvary

They took Jesus, and carrying his cross, they went out to the place called the Place of the Skull, which in Hebrew is called Golgotha, where they crucified him. Pilate wrote a title and put it on the cross: Jesus of Nazareth, King of the Jews.

* * *

SONG 1 A hard wood supports my Good
my faults carried such a cruel weight.
Hail, Hail, Hail Mary (2 times)

SONG 2 The Lord carries the cross. (2 times)
He carries (3 times). He carries.
Carry the cross, Lord.

* * *

Fruit: *to carry our cross in a Christian way,*
thinking that in this way we follow Jesus
and we accompanied Maria

In each Hail Mary, after the name of Jesus, we will say the word:

BORDEN WITH THE CROSS

In reverence: Our Father, 10 Hail Marys and Glory Be

* * *

End: Oh my Jesus! Forgive us our sins,
deliver us from the fires of hell

and take all souls to heaven,
especially the most needy
of Your divine mercy.

.....

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MYSTERIES OF GLORY - Wednesday and Sunday

1st The Resurrection of the Lord

He is the Risen One! The Rosary has always expressed this conviction of faith, inviting believers to overcome the darkness of the Passion to focus on the glory of Christ in his Resurrection and Ascension. Contemplating the Risen One, Christians *rediscover the reasons for their own faith* and relive the joy not only of those to whom Christ manifested himself, but also the *joy of Mary* , who intensely experienced the new life of her glorified Son.

* * *

SONG 1 Hosanna! Hallelujah! the world cried,
seeing the Lord come out of the tomb.
Hail, Hail, Hail Mary (2 times)

SONG 2 Lives Jesus, the Lord. (2 times)
He lives (3 times). He lives.
Long live Jesus, the Lord.

* * *

Fruit: *Love and serve the Lord*
with all the fervor of our soul.

In each Hail Mary, after the name of Jesus, we will say the word:

RESURRECTED

In reverence: Our Father, 10 Hail Marys and Glory Be

* * *

End: Jesus, Mary and Joseph, I love you!
save souls.

.....

MYSTERIES OF GLORY - Wednesday and Sunday

2nd The Ascension of the Lord

And when he had said this (that they would receive the Holy Spirit...), he led them out as he went out to Bethany; and lifting up his hands, he blessed them. And it came to pass, as he blessed them, that he left them, and while they beheld him, he was lifted up, and carried up into heaven. And a cloud stood under him, and hid him from their sight. And the Lord Jesus was taken up into heaven, where he sitteth at the right hand of God.

* * *

SONG 1 You return to the Father, my God and my King:
In the midst of joy, do not forget your flock.
Hail, Hail, Hail Mary (2 times)

SONG 2 Jesus ascends, the Lord. (2 times)
He goes up (3 times). He goes up.
Jesus, the Lord, ascends.

* * *

Fruit: *Great desire of heaven*
and I live in gratitude to Jesus through Mary

In each Hail Mary, after the name of Jesus, we will say the word:

THAT RISES TO THE HEAVENS

In reverence: Our Father, 10 Hail Marys and Glory Be

* * *

End: Mary, mother of grace,
Mother of piety, love and mercy, defend us from our enemies
and protect us
now and in the hour
of our death. Amen.

.....

MYSTERIES OF GLORY - Wednesday and Sunday

3° The coming of the Holy Spirit

The third glorious mystery, Pentecost, reveals the face of the Church as a family reunited with Mary, enlivened by the impetuous outpouring of the Spirit and ready for evangelization.

* * *

SONG 1 Holy Spirit of God, fire and light!
He descends bringing knowledge and virtue.
Hail, Hail, Hail Mary (2 times)

SONG 2 Save Jesus, the Lord. (2 times)
He saves (3 times). He saves.
Save Jesus, the Lord.

* * *

Fruit: *May the Holy Spirit always dwell*
in our souls through Mary.

In each Hail Mary, after the name of Jesus, we will say the word:

THAT FILLS YOU WITH THE HOLY SPIRIT

In reverence: Our Father, 10 Hail Marys and Glory Be

* * *

End: Oh Mary conceived without sin.
Pray for us who have recourse to You

MYSTERIES OF GLORY - Wednesday and Sunday

4th The Assumption of the Virgin

In this way, the mysteries of glory nourish believers' *hope in the eschatological goal* toward which they journey as members of the People of God, pilgrims in history. This will necessarily impel them to bear courageous witness to that "joyful proclamation" that gives meaning to all of life.

* * *

SONG 1 From the valley of weeping to the kingdom of love
My Mother, the Mother of God, ascends
Hail, Hail, Hail Mary (2 times)

SONG 2 Jesus, the Lord, loves us. (2 times)
He loves (3 times). He loves.
Love Jesus, the Lord.

* * *

Fruit: *To be very devoted children of such a divine Mother*

In each Hail Mary, after the name of Jesus, we will say the word:

THAT RESURRECTS YOU

In reverence: Our Father, 10 Hail Marys and Glory Be

* * *

Final: Oh my Jesus! Forgive us our sins,
deliver us from the fires of hell
and take all souls to heaven,
especially the most needy
of Your divine mercy.

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MYSTERIES OF GLORY - Wednesday and Sunday

5th The coronation of Our Lady

Finally, crowned with glory, "A great sign appeared in heaven: a woman clothed in the sun, with the moon under her feet and on her head a crown of twelve stars." Mary shines as Queen of Angels and Saints, anticipation and culmination of the eschatological condition of the Church. The culmination and end of Mary's mission: As Queen, she helps in the salvation of the world from heaven. Her Immaculate Heart is with us on earth. "I remain with the Immaculate Heart of Mary on earth," said Lucia of Fatima.

* * *

SONG 1º Your forehead surrounds an imperial crown:
You are Queen of heaven, you are Peace of the world.
Hail, Hail, Hail Mary (2 times)

SONG 2 Jesus, the Lord, rewards us. (2 times)
He rewards (3 times). He rewards
Jesus, the Lord, rewards.

* * *

Fruit: *The final perseverance.*

In each Hail Mary, after the name of Jesus, we will say the word:

THAT CROWNS YOU

In reverence: Our Father, 10 Hail Marys and Glory Be

* * *

End: Jesus, Mary and Joseph, I love you!

save souls.

.....

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THANKSGIVING

We give you infinite thanks, Sovereign Princess, for the favors we receive daily from your generous hand. Please, Lady, have us now and always under your protection and shelter; and to further oblige you, we greet you with a Hail Mary:

Hail, Regina, mater misericordiae:
Vita, dulcedo, et spes nostra, hail.
Ad te clamamus, exsules filii Hevae.
Ad te sighus, gementes et flentes in hac
lacrimarum valle.
Therefore, our Advocate,
illos tuos misericordes oculos ad nos converte.
Et Iesum, benedictum fructum ventris tui,
nobis post hoc exsilium ostende.
Or clemens, or pia, or dulcis Virgo Maria.

Hail, Queen and Mother of mercy, our life, our sweetness, our hope, our God. To you we cry, we exiled children of Eve. To you we sigh, groaning and weeping in this valley of tears. Come then, Lady, our advocate, turn upon us those merciful eyes of yours. And after this exile, show us Jesus, blessed fruit of your womb. O most clement! O most compassionate! O sweet ever-Virgin Mary!

Pray for us, Holy Mother of God,

so that we may be worthy to obtain and enjoy the promises of Our Lord Jesus Christ. Amen.

.....

Slave of the Lord.	**Lord, have mercy.**
Mirror of justice.	"
Vessel worthy of honor.	"
Distinguished vessel of devotion.	"
Mystic rose.	"
Tower of David.	"
Ivory tower.	"
House of gold.	"
Ark of the covenant.	"
Gate of Heaven.	"
Morning Star.	"
Health of the sick.	"
Refuge of sinners.	"
Consoler of the afflicted.	"
Help of Christians.	"
Queen of the angels.	"
Queen of the patriarchs.	"
Queen of the prophets.	"
Queen of the apostles.	"
Queen of martyrs.	"
Queen of confessors.	"
Queen of the virgins.	"
Queen of all saints.	"
Queen conceived without original sin.	"
Queen assumed into heaven.	"
Queen of the Most Holy Rosary.	"
Queen of the family.	"
Queen of peace.	"
Queen of love slaves.	"

Lamb of God who takes away the sin of the world: **Forgive us Lord.**
Hear us, Lord.
"
Have mercy on us.

LITANY OF OUR LADY

Lord, have mercy.	**Lord, have mercy.**
Christ, have mercy.	**Christ, have mercy.**
Lord, have mercy.	**Lord, have mercy.**
Christ, hear us.	**Christ hear us.**
Christ, hear us.	**Christ hear us.**
Heavenly Father God.	**Have mercy on us.**
God the Son, Redeemer of the world.	"
God the Holy Spirit.	"
Saint Mary.	**Pray for us.**
Holy Mother of God.	"
Holy Virgin of virgins.	"
Mother of Christ.	"
Mother of divine grace.	"
Most pure Mother.	"
Most chaste mother.	"
Intact mother.	"
Incorrupt mother.	"
Immaculate Mother.	"
Kind mother.	"
Admirable mother.	"
Mother of good advice.	"
Mother of the Creator.	"
Mother of the Savior.	"
Mother of the Church.	"
Most prudent Virgin.	"
Virgin worthy of veneration.	"
Virgin worthy of praise.	"
Powerful Virgin.	"
Virgin Mary.	"
Faithful Virgin.	"

.....

Pray for us, Holy Mother of God, that we may be worthy to obtain and enjoy the promises of Our Lord Jesus Christ. Amen.

PRAYER

We ask you, Lord, that we, your servants, may always enjoy health of soul and body; and through the glorious intercession of the Blessed Virgin Mary, free us from the sorrows of this world and grant us, forever, the joys of heaven. Through Christ Our Lord. Amen.

* For the intentions of the Holy Father. (Father.-Hail-Glory)
* For the souls of the faithful departed. "
* For the healing of the sick. "

HAIL MOTHER

Hail, Mother,
in the land of my loves
the songs that love raises greet you.

Queen of our souls,
flower of flowers
sample here
the splendors of your glories,
that in heaven they only love you better.

Holy Virgin, pure Virgin,
life, hope and sweetness
of the soul that trusts in you,
Mother of God, my Mother.

As long as my life continues,
all my love for you,
but if my love forgets you,
My mother, my mother,
Even if my love forgets you,
you don't forget me.